January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy **11:00am - Bible Study** **1:30pm - Beginner Painting** **2:00pm - Billiards Group** **3:00pm - Advanced Painting** **6:30pm - Duplicate Bridge** New Year's Day	2 8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Bereavement 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong	3 8:45am - Water Aerobics **9:00am - News w/ Nikki** 2:00pm - Exercise w/ Tammy 2:30pm - Catholic Mass	4 8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 11:15am - Hymn Sing **1:00pm - Shopping** 2:00pm - Genealogy Workshop 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo	5 8:45am - Water Aerobics 10:00am - Exercise w/ Tammy 2:00pm - Billiard Group 2:00pm - Line Dancing 2:00pm - Knitting Club **7:00pm - The Dulcimer Boys**	6 **7:00pm - SATORI**
7 3:00pm –Sunday Worship Service 6:30pm - Hymn Sing	8 8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy **11:00am - Bible Study** **1:30pm - Beginner Painting** **2:00pm - Billiards Group** **3:00pm - Advanced Painting** **6:30pm - Duplicate Bridge**	9 8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Caring for the Caregiver 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong **3:00pm - Book Club**	10 **8:45am - Water Aerobics** **9:00am - Resident Council** 2:00pm - Exercise w/ Tammy	11 8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 11:15am - Hymn Sing **1:00pm - Shopping** 3:00pm - Chime Choir 4:00pm - Happy Hour **7:00pm - Bingo**	12 8:45am - Water Aerobics **11:00am - Brown Bag** **1:00pm - Tabitha's Friends** 2:00pm - Billiard Group 2:00pm - Line Dancing **7:00pm - DeLucia Accordion Duo**	13 **7:00pm - Movie Night**
14 3:00pm – Sunday Worship Service **4:30pm - 12th Night Festival** 6:30pm - Hymn Sing	15 8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy **11:00am - Bible Study** **1:30pm - Beginner Painting** **2:00pm - Billiards Group** **3:00pm - Advanced Painting** **6:30pm - Duplicate Bridge** Martin Luther King Jr. Day	16 8:15am & 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Bereavement 10:30am - Blood Pressure Screening 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Safety Comm. 1:00pm - Ask Me Another 1:00pm - Mah Jong	17 8:45am - Water Aerobics **9:00am - News w/ Nikki** **11:30am - Lunch Bunch** 2:00pm - Exercise w/ Tammy	18 8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 11:15am - Hymn Sing **1:00pm - Shopping** 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo	19 8:45am - Water Aerobics 9:00am - Onsite Dermatology 10:00am - Exercise w/ Tammy 2:00pm - Billiard Group 2:00pm - Line Dancing 2:00pm - Knitting Club **7:00pm - Robin & Jim Concert**	20 **6:30pm - Jocelyn Swigger Piano Concert**
21 3:00pm – Sunday Worship Service 6:30pm - Hymn Sing Activity Professionals Week	22 8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy **11:00am - Bible Study** **1:30pm - Beginner Painting** **2:00pm - Billiards Group** **3:00pm - Advanced Painting** **6:30pm - Duplicate Bridge**	23 8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Caring for the Caregiver 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong	24 8:45am - Water Aerobics **10:30am - Activity Comm. Meeting** **11:30am - Lunch Bunch** 2:00pm - Exercise w/ Tammy	25	26 8:45am - Water Aerobics 10:00am - Exercise w/ Tammy **1:00pm - Tabitha's Friends** 2:00pm - Billiard Group 2:00pm - Line Dancing **7:00pm - Gary Schnell-Diversity of Bats**	27 **7:00pm - Chime Choir Concert**
28 **3:00pm – Sunday Worship Service** **6:30pm - Hymn Sing**	29 8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy **11:00am - Bible Study** **1:30pm - Beginner Painting** **2:00pm - Billiards Group** **3:00pm - Advanced Painting** **6:30pm - Duplicate Bridge**	30 8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong	31 8:45am - Water Aerobics 2:00pm - Exercise w/ Tammy			

***ALL ACTIVITIES & TRIPS ARE SUBJECT TO CHANGE**