Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2023		1 10:30 am Exercise W/ Erik 1:30 pm Gift Shop Cart 2:30 pm Music W/ Erik	2 10:00 am Mail and 1:1 Visits 2:30 pm Music W/ Hal Brister MSU	10:30 am Exercise 2:00 pm Celebrating Barack Obama's Birthday	4 9:00-10:00 am Mail 1:1Visits 10:30 am All About Allentown W/ Mary Alice	Boredom Busters Available on Bulletin board by Nurses Station
3:00 pm Church Service Crest Hall or CH.116-2	7 10:30 am Bingo MSU 2:30 pm Music Program W/ Dave MSU	8 10:30 am Exercise W/ Erik 1:30 pm Gift Shop Cart 2:30 pm Music W/ Erik	9 10:00 am Mail and 1:1 Visits 2:30 pm Bingo MSU	10:30 am Exercise W/ Angela 2:00 pm Movie Matinee	11 9:00-10:00 am Mail 1:1Visits 10:30 am Bio on Marilyn Monroe	Boredom Busters Available on Bulletin board by Nurses Station
3:00 pm Church Service Crest Hall or CH.116-2	14 10:00 am Hair Care – Mail & 1:1 Visits 2:30 pm Bingo	15 10:30 am Exercise W/ Erik 1:30 pm Gift Shop Cart 2:30 pm Music W/ Erik	11:00 am 16 Spiritual Time W/ Chaplain Fady 2:30 pm Music W/ Dave MSU	10:30 am 17 Exercise W/ Angela 3:00 pm Resident Council 3:30 pm Happy hour	9:00-10:00 am Mail 1:1Visits 10:30 am Summer Safari in S. Africa	Boredom Busters Available on Bulletin board by Nurses Station
3:00 pm Church Service Crest Hall or CH.116-2	10:30 am Bingo 2:00 pm Afternoon Movie Residents Choice	10:30 am Exercise W/ Erik 1:30 pm Gift Shop Cart 2:30 pm Music W/ Erik	10:00 am Mail and 1:1 Visits 2:30 pm Monthly Birthday Party W/ Lisa Dellarossa	10:30 am Exercise W/ Angela	9:00-10:00 am Mail 1:1Visits 10:30 am Regis Philbin Who Wants to be a Millionaire	Boredom Busters Available on Bulletin board by Nurses Station
3:00 pm Church Service Crest Hall or CH.116-2	10:30 am 28 Bingo 3:00 pm Chair Zumba W/ Danny	10:30 am Exercise W/ Erik 1:30 pm Gift Shop Cart 2:30 pm Music W/ Erik	30 10:00 am Mail and 1:1 Visits 2:30 pm Bingo MSU	31 10:30 am Exercise W/ Angela 2:00 pm Armchair Travel W/ Mary Alice	Personal Care Calendar 2023	