

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# AUGUST 2023



		<p>1</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Bereavement 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong 2:00pm - <b>Bedtime Buddies Meeting</b></p>	<p>2</p> <p>8:45am - Water Aerobics 10:30am - News w/ Nikki 2:00pm - Exercise w/ Tammy 2:30pm - Catholic Mass 6:30pm - <b>Bus Leaves For DeSales</b></p>	<p>3</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - <b>Hunterdon Hills Playhouse</b> 11:15am - Hymn Sing 1:00pm - <b>Shopping</b> 2:00pm - Genealogy Workshop 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo</p>	<p>4</p> <p>8:45am - Water Aerobics 10:00am - Exercise w/ Tammy 11:00am - <b>Herb Gifford Road Show</b> 2:00pm - Billiard Group 2:00pm - Line Dancing 2:00pm - Knitting Club  7:00pm - <b>Movie Night</b></p>	<p>5</p> <p>7:00pm - <b>Kristen Morganstern</b></p>
<p>6</p> <p>3:00pm - Sunday Worship Service</p>	<p>7</p> <p>10:30am - Food Advisory 11:00am - Bible Study-Bistro 1:30pm - Spiritual Life Comm. 2:30pm - Meditation Comm. 2:00pm - <b>Hannah Noel</b> 3:00-5pm - <b>Covenant Band Rehearsal</b> 2:00pm - Billiards Group 6:30pm - Duplicate Bridge</p>	<p>8</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Caring for the Caregiver 11:00am - <b>Bach at Noon</b> 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong 3:00pm - <b>Book Club</b> 6:00pm - <b>Waldheim Park</b></p>	<p>9</p> <p>8:45am - Water Aerobics 2:00pm - Exercise w/ Tammy 7:00pm - <b>Gary Schnell Ornithologist</b></p>	<p>10</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 11:15am - Hymn Sing 1:00pm - <b>Shopping</b> 2:00pm - Coloring Book Group 3:00pm - Chime &amp; Choir 4:00pm - Happy Hour 7:00pm - Bingo</p>	<p>11</p> <p>8:45am - Water Aerobics 11:00am - <b>Herb Gifford Road Show</b> 1:00pm - <b>Tabitha's Friends</b> 2:00pm - Billiard Group 2:00pm - Line Dancing 7:00pm - <b>Fred Miller</b></p>	<p>12</p>
<p>13</p> <p>3:00pm - Sunday Worship Service</p>	<p>14</p> <p>8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy 11:00am - Bible Study 2:00pm - Billiards Group 6:30pm - Duplicate Bridge</p>	<p>15</p> <p>8:15am &amp; 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Bereavement 10:30am - Blood Pressure Screening 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Safety Comm. 1:00pm - Ask Me Another 1:00pm - Mah Jong 5:00pm - <b>Birthday Dinner</b>  <b>Iron Pigs Game</b></p>	<p>16</p> <p>8:45am - Water Aerobics 10:30am - News w/ Nikki 11:00am - Lunch Bunch 2:00pm - Exercise w/ Tammy</p>	<p>17</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 11:15am - Hymn Sing 1:00pm - <b>Shopping</b> 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo</p>	<p>18</p> <p>8:45am - Water Aerobics 9:00am - Onsite Dermatology 10:00am - Exercise w/ Tammy 11:00am - <b>Herb Gifford Road Show</b> 2:00pm - Billiard Group 2:00pm - Line Dancing 2:00pm - Knitting Club 7:00pm - <b>Pocono Wildlife Program</b></p>	<p>19</p>
<p>20</p> <p>3:00pm - Sunday Worship Service</p>	<p>21</p> <p>8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy 11:00am - Bible Study 2:00pm - Billiards Group 6:30pm - Duplicate Bridge</p>	<p>22</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Caring for the Caregiver 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong</p>	<p>23</p> <p>8:45am - Water Aerobics 10:30am - Activity Comm. Meeting 11:00am - Lunch Bunch 2:00pm - Exercise w/ Tammy</p>	<p>24</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 11:15am - Hymn Sing 1:00pm - <b>Shopping</b> 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo</p>	<p>25</p> <p>8:45am - Water Aerobics 10:00am - Exercise w/ Tammy 11:00am - <b>Herb Gifford Road Show</b> 1:00pm - <b>Tabitha's Friends</b> 2:00pm - Billiard Group 2:00pm - Line Dancing 7:00pm - <b>Lindsay Jordan</b></p>	<p>26</p> <p>7:00pm - <b>SATORI</b></p>
<p>27</p> <p>3:00pm - Sunday Worship Service</p>	<p>28</p> <p>8:45am - Water Aerobics 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy 11:00am - Bible Study 2:00pm - Billiards Group 6:30pm - Duplicate Bridge</p>	<p>29</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 10:00am - WELLderly 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong</p>	<p>30</p> <p>8:45am - Water Aerobics 2:00pm - Exercise w/ Tammy</p>	<p>31</p> <p>8:15am - Yoga/Stretch 9:15am - Yoga/Stretch 11:15am - Hymn Sing 1:00pm - <b>Shopping</b> 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo</p>	<p>*Painting classes with Betty will resume Monday, September 18th.</p> 	

\*ALL ACTIVITIES & TRIPS ARE SUBJECT TO CHANGE