

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	8:45am - Water Aerobics (Canceled) 1 9:45am - Water Volleyball (Canceled) 10:00am - Exercise w/ Tammy 11:00am - Bible Study 1:30pm - Beginner Painting w/ Betty 2:00pm - Billiards Group 3:00pm - Advanced Painting w/ Betty 6:30pm - Duplicate Bridge 7:00pm - Macungie Minstrelaires May Day	8:15am - Yoga/Stretch 2 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Bereavement 10:30am - Blood Pressure Screening 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - A Walk In The Park 1:00pm - Ask Me Another 1:00pm - Mah Jong 2:00pm - Zentangle 7:00pm - LC Chorus	8:45am - Water Aerobics (Canceled) 3 10:30am - News w/ Nikki 1:00pm - Drama Club 2:00pm - Exercise w/ Tammy 2:30pm - Catholic Mass 6:30pm - Bus leaves for DeSales	8:15am - Yoga/Stretch 4 9:15am - Toga/Stretch 11:15am - Hymn Sing 1:00pm - Wegman's Shopping Trip 1:30pm - Kentucky Derby Hat Making 2:00pm - Water Walk for Malawi 2:00pm - Coloring Book Group 4:00pm - Happy Hour 7:00pm - Bingo	8:45am - Water Aerobics (Canceled) 5 10:00am - Exercise w/ Tammy 2:00pm - Billiard Group 2:00pm - Line Dancing 2:00pm - Knitting Club 3:00pm - Resident Games Cinco de Mayo	6:00pm - Kentucky Derby Watch Party
3:00pm - Sunday Worship Service 7	8:45am - Water Aerobics (Canceled) 8 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy 11:00am - Bible Study 1:00pm - Model Railroad Club 1:30pm - Beginner Painting w/ Betty 2:00pm - Religion Lecture Series 2:00pm - Billiards Group 3:00pm - Advanced Painting w/ Betty 6:30pm - Duplicate Bridge	8:15am - Yoga/Stretch 9 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Caring for the Caregiver 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong 1:00pm - A Walk In The Park 1:30pm - Floral Art w. Stacy Zellner 3:00pm - Book Club 7:00pm - LC Chorus	8:45am - Water Aerobics (Canceled) 10 10:00am - Resident Assoc. Meeting 1:00pm - Drama Club 2:00pm - Exercise w/ Tammy 7:00pm - Dr. Charles Bonos (WWII)	8:15am - Yoga/Stretch 11 9:15am - Toga/Stretch 11:15am - Hymn Sing 1:00pm - Giant Shopping Trip 2:00pm - Genealogy Workshop 2:00pm - Coloring Book Group 3:00pm - Chime & Choir 4:00pm - Happy Hour 7:00pm - Boom Box Bingo	8:45am - Water Aerobics (Canceled) 12 1:00pm - Tabitha's Friends 2:00pm - Billiard Group 2:00pm - Line Dancing 3:00pm - Resident Games 7:00pm - Murder Mystery @ The Paramount Casino	7:00pm - Municipal Band of Allentown
3:00pm - Sunday Worship Service 14 Mother's Day National Skilled Nursing Week	8:45am - Water Aerobics (Canceled) 15 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy 11:00am - Bible Study 1:30pm - Beginner Painting w/ Betty 2:00pm - Billiards Group 3:00pm - Advanced Painting w/ Betty 6:30pm - Duplicate Bridge	8:15am & 9:15am - Yoga/Stretch 16 10:00am - WELLderly 10:00am - Bereavement 10:30am - Blood Pressure Screening 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - Ask Me Another 1:00pm - Mah Jong 1:00pm - A Walk In The Park 2:00pm - LV Heritage Museum 5:00pm - Birthday Dinner 7:00pm - LC Chorus	8:45am - Water Aerobics (Canceled) 17 10:30am - News w/ Nikki 1:00pm - Drama Club 2:00pm - Exercise w/ Tammy	8:15am - Yoga/Stretch 18 9:15am - Toga/Stretch 11:15am - Hymn Sing 1:00pm - Wegman's Shopping Trip 2:00pm - Craft w/Kelly 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo	8:45am - Water Aerobics (Canceled) 19 10:00am - Exercise w/ Tammy 11:00am - Herb Gifford Road Show 2:00pm - Billiard Group 2:00pm - Line Dancing 2:00pm - Knitting Club 3:00pm - Resident Games 7:00pm - Diana & The Benny Band	10:00am - Nancy Mosser Piano Recital 7:00pm - Kristen Morgenstern Armed Forces Day
3:00pm - Sunday Worship Service 21	8:45am - Water Aerobics (Canceled) 22 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy 11:00am - Bible Study 1:30pm - Beginner Painting w/ Betty 2:00pm - Billiards Group 3:00pm - Advanced Painting w/ Betty 6:30pm - Duplicate Bridge Victoria Day (Canada)	8:15am - Yoga/Stretch 23 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Caring for the Caregiver 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - A Walk In The Park 1:00pm - Ask Me Another 1:00pm - Mah Jong 2:00pm - Zentangle 7:00pm - LC Chorus	8:45am - Water Aerobics (Canceled) 24 10:30am - Activity Comm. Mtg 2:00pm - Exercise w/ Tammy	8:15am - Yoga/Stretch 25 9:15am - Toga/Stretch 11:15am - Hymn Sing 1:00pm - Weis Shopping 2:00pm - Craft w/ Kelly 2:00pm - Coloring Book Group 3:00pm - Chime Choir 4:00pm - Happy Hour 7:00pm - Bingo Shavuot Begins	8:45am - Water Aerobics (Canceled) 26 10:00am - Exercise w/ Tammy 11:00am - Herb Gifford Road Show 1:00pm - Tabitha's Friends 2:00pm - Billiard Group 2:00pm - Line Dancing 3:00pm - Resident Games	7:00pm - Royalties Big Band
3:00pm - Sunday Worship Service 28	8:45am - Water Aerobics (Canceled) 29 9:45am - Water Volleyball 10:00am - Exercise w/ Tammy 11:00am - Bible Study 1:30pm - Beginner Painting w/ Betty 2:00pm - Billiards Group 3:00pm - Advanced Painting w/ Betty 6:30pm - Duplicate Bridge *Memorial Day Presentation? Memorial Day	8:15am - Yoga/Stretch 30 9:15am - Yoga/Stretch 10:00am - WELLderly 10:00am - Caring for the Caregiver 11:00am - Tai Chi 11:00am - Rosary Prayer 1:00pm - A Walk In The Park 1:00pm - Ask Me Another 1:00pm - Mah Jong 2:00pm - Zentangle 7:00pm - LC Chorus	8:45am - Water Aerobics (Canceled) 31 2:00pm - Exercise w/ Tammy 7:00pm - Tech Talk w. Graeme Camp	<h1>May 2023</h1>		

*ALL ACTIVITIES & TRIPS ARE SUBJECT TO CHANGE