

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2022

Buffalo Valley Independent Living

							9:30 Koffee Klatch
2	3	4	5	6	7	8	
11:30 Village Cafe** 1:15 Exercise 6:00 Wii Bowling	10:00 BV Discussion Group 1:00 Tai Chi 2:00 Ladies Bocce <i>Yom Kippur Begins</i>	11:30-1:00 Village Cafe 1:15 Exercise 2:00 Cards & Board Games 2:00 Bocce	9:30-1:00 TVC Reserved 10:00 BV Discussion Group B.O. 2:00 Bingo 2:00 Art Class- B.O.	10:30 Catholic Mass-NCC 1:15 Exercise 2:00 Hand & Foot game 5:00 Fun Friday	9:30 Koffee Klatch		
9	10	11	12	13	14	15	
11:30 Village Cafe** 1:15 Exercise 6:00 Wii Bowling <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small>	10:00 BV Discussion Grp 10:00 Needles & Hooks 1:00 Tai Chi 2:00 Ladies Bocce 2:00 Teaching Kitchen	11:30-1:00 Village Cafe 1:15 Exercise 2:00 Cards & Board Games 2:00 Bocce	10:00 BV Discussion Group 2:00 Apple Fest** 2:00 Art Class- B.O.	1:15 Exercise 2:00 Hand & Foot game 5:00 Fun Friday 6:30 Weis Center Trip	9:30 Koffee Klatch		
16	17	18	19	20	21	22	
11:30 Village Cafe** 1:15 Exercise 2:00 Chaplain's Movie 6:00 Wii Bowling <small>Simchat Torah Begins</small>	9:00 Men's Breakfast** 10:00 BV Discussion Grp 1:00 Tai Chi 2:00 Ladies Bocce 5:00 Community Potluck	11:30-1:00 Village Cafe 1:15 Exercise 2:00 Cards & Board Games 2:00 Bocce	9:00 Blood Pressures 10:00 IL Meeting 11:00 Ladies Lunch Out <i>La Primavera</i> ** 2:00 Art Class- B.O.	1:15 Exercise 2:00 Hand & Foot game 5:00 Fun Friday	9:30 Koffee Klatch	5:00 Dinner & a Movie	
23	24	25	26	27	28	29	
4:00 Hymn Sing 11:30 Village Cafe** 1:15 Exercise 6:00 Wii Bowling <small>Diwali (Hindi)</small>	10:00 BV Discussion Group 1:00 Tai Chi	11:30-1:00 Village Cafe 1:15 Exercise 2:00 Cards & Board Games 2:00 Bocce	10:00 BV Discussion Group 1:00 Pumpkin Craft** 2:00 Art Class- B.O.	1:15 Exercise 2:00 Hand & Foot game 5:00 Fun Friday	9:30 Koffee Klatch		
30	31	<p>TVC is reserved Wednesday mornings from 7:00am to 9:00am.</p> <p>Activities are subject to change</p> <p>NCC= Nursing Care Center</p> <p>Please Sign Up Indicated by ** Call Receptionist at 570-524 2221</p>					

