

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:00m - Exercise with Tammy in South Dining Room</p> <p style="text-align: right;"><b>1</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm - Celebrating Daniel Boone with Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC Visits in HC</p> <p style="text-align: right;"><b>2</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>2:30 – 3:30pm – Catholic Mass in South Dining Room</p> <p style="text-align: right;"><b>3</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:15am – Exercise with Erik in PC Lounge</p> <p>11:00am – Depart for Red Lobster</p> <p>2:45 – 3:45pm – BINGO in West Dining Room</p> <p>Visits in HC</p> <p style="text-align: right;"><b>4</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p style="text-align: center;"><b>Fall Festival Day</b></p> <p>10:30am – 11:30am Leaf Rubbings with Oil Pastels/Target Games</p> <p>10:30 – 11:30am Armchair Travel to San Francisco with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm – Country Music with Chuck Rissmiller</p> <p style="text-align: right;"><b>5</b></p>	<p style="text-align: right;"><b>6</b></p>		
<p style="text-align: right;"><b>7</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm – Chair Zumba with Danny</p> <p style="text-align: right;"><b>8</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm - Remembering Veterans Day with Mary Alice in PC Lounge</p> <p style="text-align: center;"><b>SPA DAY</b></p> <p>2:30-3:30pm–Manicures and Massages</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p style="text-align: right;"><b>9</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>2:30 – 3:30pm – Church Service and Communion in South Dining Room</p> <p style="text-align: right;"><b>10</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:45 – 3:45pm – BINGO in West Dining Room</p> <p>Visits in HC</p> <p style="text-align: right;"><b>11</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am Remembering Grace Kelly and Philadelphia with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm - Thanksgiving Arts &amp; Crafts with Brandon in South Dining Room</p> <p style="text-align: right;"><b>12</b></p>	<p style="text-align: right;"><b>13</b></p>		
<p>Daylight Saving Time Ends</p> <p style="text-align: right;"><b>14</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm - Exercise with Tammy in South Dining Room</p> <p style="text-align: right;"><b>15</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm - Armchair Travel to Outer Banks N.C. and Top Fishing in USA with Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC Visits in HC</p> <p style="text-align: right;"><b>16</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>11:00 – 11:30am – Devotion in PC with Chaplain Fady</p> <p>2:30 – 3:30pm – BINGO in SDR</p> <p style="text-align: right;"><b>17</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:15 – 4:00pm – Resident Council Meeting and Refreshments in HC</p> <p>3:00-4:00pm – Resident Council Meeting and Happy Hour in PC</p> <p style="text-align: right;"><b>18</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am Armchair Travel to Hungary with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm - Monthly Birthday Party with Elvis in SDR</p> <p style="text-align: right;"><b>19</b></p>	<p style="text-align: right;"><b>20</b></p>		
<p style="text-align: right;"><b>21</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm - Exercise with Tammy in South Dining Room</p> <p style="text-align: right;"><b>22</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm - Armchair Travel to Turkey with Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC Visits in HC</p> <p style="text-align: right;"><b>23</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>2:15 – 2:45m – Devotions in SDR with Chaplain Fady</p> <p>2:45 – 3:45pm – BINGO in West Dining Room</p> <p style="text-align: right;"><b>24</b></p>	<p style="text-align: center;">Visits in HC</p> <p style="text-align: center;"><b>HAPPY THANKSGIVING</b></p> <p style="text-align: right;"><b>25</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am Turkey Trivia with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm - Music with Erik</p> <p style="text-align: right;"><b>26</b></p>	<p style="text-align: right;"><b>27</b></p>		
<p style="text-align: right;"><b>28</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm - Jim Loftus Entertainment in South Dining Room</p> <p style="text-align: right;"><b>29</b></p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm - Hanukkah and Festival of Lights with Mary Alice in PC Lounge</p> <p>2:30 – 3:00pm – Chair Zumba with Danny in SDR</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC Visits in HC</p> <p style="text-align: right;"><b>30</b></p>	<p style="font-size: 48px; font-weight: bold;">November 2021</p> <p style="font-size: 24px; font-weight: bold;">HEALTH CENTER AND PERSONAL CARE ACTIVITY CALENDAR</p>					
<p>Hanukkah Begins</p>								