

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>8:45am – Water Aerobics *10:00am – Exercise with Tammy 11:00am – Bible Study (Fullenbach) 11:00am - Zentangle *1:00pm – Family Feud 1:00pm – Railroad Club 1:30pm – Beginner Painting 2:00pm – Move Your Mind 2:15pm – Wind Creek Casino 3:00pm – Advanced Painting 6:30pm – Duplicate Bridge 7:00pm – Meet the Artist</p>	<p>2</p> <p>8:15am – Yoga Stetch 9:15am – Yoga Stretch 10:00am – Spiritual Time 11:00am – Tai Chi 11:00am – Rosary Prayer (Arts and Crafts) 1:00pm – Ask Me Another 7:00pm – Chorus Practice</p>	<p>3</p> <p>9:30am – Water Aerobics *10:30am – Let's Chat with Michelle 2:00pm – Exercise with Tammy *7:00pm – Movie BBC Earth presents Planet Earth II Episode 1</p>	<p>4</p> <p>8:15am – Yoga/Stretch 9:15am – Yoga/Stretch 10:00am – WELLDerly Workout *11:15am – Hymn Sing 2:00pm – Coloring Book Club (Arts and Crafts Room) 2:30pm – Great Decisions 7:00pm - Bingo</p>	<p>5</p> <p>8:45am- Water Aerobics *10:00am – Exercise with Tammy *11:00am – The Herb Gifford Road Show 2:00pm – Needlework Group 2:00pm – Line Dancing 7:00pm – Another Evening with Jim, Herb and Susan</p>	<p>6</p> <p>7:00pm – Movie</p>
<p>7</p> <p>3:00pm – Sunday Worship Service</p> <p>Daylight Saving Time Ends</p>	<p>8</p> <p>8:45am – Water Aerobics *10:00am – Exercise with Tammy 11:00am – Bible Study (Fullenbach) 11:00am - Zentangle *1:00pm – Family Feud 1:30pm – Beginner Painting 2:00pm – Move Your Mind 2:30pm – Deerfield Meeting with Michelle 3:00pm – Advanced Painting 6:30pm – Duplicate Bridge</p>	<p>9</p> <p>8:15am – Yoga Stetch 9:15am – Yoga Stretch 10:00am – Spiritual Time 11:00am – Tai Chi 11:00am – Rosary Prayer (Arts and Crafts) 1:00pm – Ask Me Another 3:00pm – Book Club – Zoom link 7:00pm – Chorus Practice</p>	<p>10</p> <p>9:30am – Water Aerobics *10:30am – Resident Association Meeting 1:00pm – Railroad Club 2:00pm – Exercise with Tammy *7:00pm – Movie BBC Earth presents Planet Earth II Episode 2</p>	<p>11</p> <p>8:15am – Yoga/Stretch 9:15am – Yoga/Stretch 10:00am – WELLDerly Workout *11:15am – Hymn Sing 2:00pm – Coloring Book Club (Arts and Crafts Room) 2:30pm – Veterans Day Program 7:00pm - Bingo</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>12</p> <p>8:45am- Water Aerobics *10:00am – Exercise with Tammy *11:00am – The Herb Gifford Road Show 11:30am – Depart for Meet the Artist 2:00pm – Line Dancing 7:00pm – Phyllis, Ken, and Dave Trio</p>	<p>13</p> <p>7:00pm – Phil Rossi Quartet 7:30pm – Miller Symphony Hall</p>
<p>14</p> <p>3:00pm – Sunday Worship Service</p>	<p>15</p> <p>8:45am – Water Aerobics *10:00am – Exercise with Tammy 11:00am – Bible Study (Fullenbach) 11:00am - Zentangle *1:00pm – Family Feud 1:00pm – Railroad Club 1:30pm – Beginner Painting 2:00pm – Move Your Mind 3:00pm – Advanced Painting 6:30pm – Duplicate Bridge</p>	<p>16</p> <p>8:15am – Yoga Stetch 9:15am – Yoga Stretch 10:00am – Catholic Mass 11:00am – Tai Chi 11:00am – Rosary Prayer (Arts and Crafts) 1:00pm – Ask Me Another 2:45pm- In IT to Win IT with Brandon 7:00pm – Chorus Practice</p>	<p>17</p> <p>9:30am – Water Aerobics *10:30am – Let's Chat with Michelle 11:15am – Interfaith Service 2:00pm – Exercise with Tammy *7:00pm – Movie BBC Earth presents Planet Earth II Episode 3</p>	<p>18</p> <p>8:15am – Yoga/Stretch 9:15am – Yoga/Stretch 10:00am – WELLDerly Workout *11:15am – Hymn Sing 2:00pm – Coloring Book Club (Arts and Crafts Room) 7:00pm - Bingo</p>	<p>19</p> <p>8:45am- Water Aerobics *10:00am – Exercise with Tammy *11:00am – The Herb Gifford Road Show 2:00pm – Needlework Group 2:00pm – Line Dancing 7:00pm – DESIRE (RESCHEDULED)</p>	<p>20</p> <p>7:00pm – Movie</p>
<p>21</p> <p>3:00pm – Sunday Worship Service</p>	<p>22</p> <p>8:45am – Water Aerobics *10:00am – Exercise with Tammy 11:00am – Bible Study (Fullenbach) 11:00am - Zentangle *1:00pm – Family Feud 1:30pm – Beginner Painting 2:00pm – Move Your Mind 3:00pm – Advanced Painting 6:30pm – Duplicate Bridge</p>	<p>23</p> <p>8:15am – Yoga Stetch 9:15am – Yoga Stretch 10:00am – Spiritual Time 11:00am – Tai Chi 11:00am – Rosary Prayer (Arts and Crafts) 1:00pm – Ask Me Another 2:45pm – LC App ?s with Brandon 7:00pm – Chorus Practice</p>	<p>24</p> <p>9:30am – Water Aerobics *10:30am – Let's Chat with Michelle 1:00pm – Railroad Club 2:00pm – Exercise with Tammy 3:00pm – Thanksgiving Service *7:00pm – Movie BBC Earth presents Planet Earth II Episode 4</p>	<p>25</p> <p>HAPPY THANKSGIVING</p> <p>Thanksgiving Day</p>	<p>26</p> <p>8:45am- Water Aerobics *10:00am – Exercise with Tammy *11:00am – The Herb Gifford Road Show 2:00pm – Line Dancing 7:00pm – Crazy, Rhythm Fancy Feet Dance Duo</p>	<p>27</p> <p>7:00pm - Movie</p>
<p>28</p> <p>3:00pm – Sunday Worship Service 4:00pm – Hanukkah Service</p> <p>Hanukkah Begins</p>	<p>29</p> <p>8:45am – Water Aerobics *10:00am – Exercise with Tammy 11:00am – Bible Study (Fullenbach) 11:00am - Zentangle *1:00pm – Family Feud 1:00pm – Railroad Club 1:30pm – Beginner Painting 3:00pm – Advanced Painting 6:30pm – Duplicate Bridge</p>	<p>30</p> <p>8:15am – Yoga Stetch 9:15am – Yoga Stretch 10:00am – Spiritual Time 11:00am – Tai Chi 11:00am – Rosary Prayer (Arts and Crafts) 1:00pm – Ask Me Another 2:45pm – Word 101 with Brandon 7:00pm – Chorus Practice</p>	<p>November 2021 INDEPENDENT LIVING ACTIVITIES CALENDAR</p>			