

SUN	MON	TUE	WED	THUR	FRI	SAT
	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 1:30 PM Q&A Meeting with Brad (DDR)	1:30 PM Exercise (Ch. 957) 1:30 PM Fall Foliage Scenic Ride (Cumberland County) 1:30 PM Functional Fitness (IL Leisure Center) 4:30 PM Out to Dinner: Tavern on the Hill (En)	1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	Diwali 10:30 AM Move Your Mind (ILLC) 10:30 AM IL Book Study (CR) 1:30 PM Coffeeine Unlimited (CCPL) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 11:30 AM Tai Chi (ILLC) 11:30 AM Tai Chi (Ch-957) 1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)	1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)
Daylight Savings Time Ends 10:00 AM Test Activity (TBA) 11:30 AM Worship Service (Ch-14 / 957) 1:30 PM Exercise (Ch. 957) 3:30 PM Worship Service (Ch-14 / 957) 6:00 PM Movie Mania (Ch-14 / 957)	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 1:30 PM Auxiliary Meeting (Mtg Rm) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 4:30 PM Out to Dinner: Gabriella Italian Ristorante PLEASE NOTE RESTAURANT CHANGE (Hbg)	1:00 PM Wii Bowling (ILLR/CR) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	Veterans Day 10:30 AM Move Your Mind (ILLC) 11:00 AM Veteran's Day Program (Community Center/Davis Dining Room) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 11:30 AM Tai Chi (ILLC) 11:30 AM Tai Chi (Ch-957) 1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)	1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)
10:00 AM Test Activity (TBA) 11:30 AM Worship Service (Ch-14 / 957) 1:30 PM Exercise (Ch. 957) 1:45 PM Harrisburg Symphony Orchestra: November Masterworks (SRT) 3:30 PM Worship Service (Ch-14 / 957) 6:00 PM Movie Mania (Ch-14 / 957)	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 4:30 PM Out to Dinner: Snapper's Bar and Grill (Mech.)	1:00 PM Wii Bowling (ILLR/CR) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 6:30 PM Board Games (CR)	10:30 AM Move Your Mind (ILLC) 10:30 AM IL Book Study (CR) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 1:30 PM The Jennie Wade House (Gbg)	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 11:30 AM Tai Chi (ILLC) 11:30 AM Tai Chi (Ch-957) 1:30 PM Can You Escape? (CR) 1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)	1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)
10:00 AM Test Activity (TBA) 11:30 AM Worship Service (Ch-14 / 957) 1:30 PM Exercise (Ch. 957) 3:30 PM Worship Service (Ch-14 / 957) 6:00 PM Movie Mania (Ch-14 / 957)	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 2:30 PM Turkey Trot (CCE)	1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 1:30 PM Resident Board Meeting (Mtg Rm)	1:00 PM Wii Bowling (ILLR/CR) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	Thanksgiving 1:30 PM Exercise (Ch. 957)	10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 11:30 AM Tai Chi (Ch-957) 11:30 AM Tai Chi (ILLC) 1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)	1:00 PM Little Theatre of Mechanicsburg Presents: A Little Women Christmas (Mech.) 1:30 PM Exercise (Ch. 957) 6:00 PM Movie Mania (Ch-14 / 957)
10:00 AM Test Activity (TBA) 11:30 AM Worship Service (Ch-14 / 957) 1:30 PM Exercise (Ch. 957) 3:00 PM Sunday Movie: Dr. Seuss' How the Grinch Stole Christmas (2000) (DDR) 3:30 PM Worship Service (Ch-14 / 957) 6:00 PM Movie Mania (Ch-14 / 957)	Hanukkah 10:00 AM Spin Class (IL Leisure Center) 10:30 AM Ease Your Mind (IL Leisure Center) 1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center)	1:30 PM Exercise (Ch. 957) 1:30 PM Functional Fitness (IL Leisure Center) 4:30 PM Out to Dinner: Dobbin House (Gbg)	LOCATION KEY CR - Card Room Ch-957 - Channel 957 CCE - Community Center Entrance CCPL - Community Center Parking Lot DDR - Davis Dining Room En - Enola Gbg - Gettysburg Hbg - Harrisburg ILLR/CR - IL Living Room/ Card Room ILLC - Independent Living Leisure Center	Mech. - Mechanicsburg Mtg Rm - Meeting Room SRT - Scottish Rite Theatre, Harrisburg		

November 2021

Independent Living Calendar
 Cumberland Crossings Independent Living Activities