

What's Happening in
Independent Living?

October

2021

Friday, October 1

- 8:30-10:30—Free Personal Training with Crystal—Fitness Center
- 9:00☆— St Paul's Lutheran Church Service (Mertztown)—Ch. 901
- 9:00-12:00☆☺—Wii Bowling—TC 2nd Floor Lounge**
- 10:00— Community Life Meeting—Tavern**
- 12:00—Swim Club/Aquatic Aerobics—Pick-up—610-682-1430**
- 1:30— Disney Presentation & Trivia w/ Sarah —TC 2nd Floor Lounge**
- 2:00☆—TouchTown Movie: Happy —Ch. 901
- 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
- 7:00☆☺—500 Rummy or 31—TC 2nd Floor Lounge**
- 7:00☆— Scenic Relaxation: Colorado—Ch. 901

Saturday, October 2

- 9:00☆— Hikers Club— meet in front of the Library Entrance
- 9:00☆— St. Paul's United Church of Christ (Fleetwood)—Ch. 901
- 10:00☆— Zumba Chair Exercise— Ch.901
- 2:00☆—TouchTown Movie: Under the Tuscan Sun—Ch. 901
- 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
- 7:00☆ — Game Night— TC 2nd Floor Lounge**
- 7:00☆— Scenic Relaxation: Wyoming—Ch. 901

☆ = Independently/Resident-Run Activity

☺ = Staff Assistance with Set-up

Any questions or concerns, contact Tanjie or Sarah

Sunday, October 3

- 10:30—Grace Church Service— Auditorium
- 10:30☆—Worship with Trinity Lutheran Church, Reading—Ch. 901
- 2:00☆ —TouchTown Documentary: The Origin of Halloween—Ch. 901 or TC 2nd Floor Lounge
- 3:00— Relaxing at the Fountain — TC Fountain, weather permitting
- 6:00☆—Catholic Mass with Allentown Diocese—Ch. 901
- 7:00☆— Scenic Relaxation: Austria—Ch. 901

Monday, October 4

- 9:00☺—Shuffleboard—TC 2nd Floor Lounge
- 9:30—Strength Training Workout
- 9:30☆— St. Paul Lutheran (Hamburg) — Ch. 901
- 10:30☆—Stump the Rev. Bible Study—Ch. 901
- 11:00☆— Hymn Sing—Ch. 901
- 1:30— Yoga Stretch—TC 2nd Floor Lounge or email Crystal for the link to join virtually**
- 2:00☆—Instruction about Bridge— New Players, Call Darla to sign-up— TC Tavern**
- 2:00☆—TouchTown Movie: Grease—Ch. 901
- 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
- 3:30—Bocce Ball/Horseshoes—LH Park, weather permitting**
- 7:00☆☺—Haus—TC 2nd Floor Lounge**
- 7:00☆— Scenic Relaxation: Iceland—Ch. 901

Tuesday, October 5

- 9:00—Zumba—Henry Auditorium
- 9:30☆—Advent Lutheran Church Service (West Lawn)—Ch.901
- 10:00—Culinary Meeting—TC Tavern**
- 1:30— Crafting with Tanjie—TC Tavern—Reserve a spot— 610-682-1422**
- 1:30-3:30—Home Workout Plan/Free Personal Training w/ Crystal—Fitness Center
- 2:00☆—TouchTown Movie: Dirty Dancing—Ch. 901
- 2:30☆☺—Pinochle—TC 2nd Floor Lounge**
- 3:00☆—Pizza Party/Game Night—IL Clubhouse**
- 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
- 3:30☆—Numbers Kubb/Horseshoes—LH Park, weather permitting**
- 7:00☆— Scenic Relaxation: Arizona—Ch. 901

Bring some
cash for
Pizza,
beverages
provided by
LHT



Wednesday, October 6

8:30-10:30—Blast Buddies/Free Personal Training with Crystal—Fitness Center
9:30☆—Trinity Lutheran Church Service (Topton)—Ch. 901
10:30—Coffee and Conversation— Tavern
10:30—Radcliffe's Market—Pick up—610-682-1430
1:00-2:00—Kick Off to Move Your Mind Series— Tavern
1:30—Stability Training—Fitness Center
2:00— Stitchers— TC 2nd Floor Lounge
2:00☆—Midweek Worship on TouchTown—Ch. 901
3:00— Relaxing at the Fountain — TC Fountain, weather permitting
3:00☆—Grace Lutheran Church Service —Ch. 901
3:00-4:30☺— Kutztown student presentation— Auditorium
3:30☆—Kubb Tournament, Picnic not follow—LH Park, weather permitting (Rain Date: 10/13)
6:00☆—Bible Study with Pastor Hammett—Ch. 901 or TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: South America -Ch.901

Stability Training:

Learn Tips & Tricks to prevent falls and react appropriately when unstable. Plan to meet at Fitness Center then walk to another area nearby for new challenges weekly.



Thursday, October 7

9:30☆— Zion's Union Church Service (Maxatawny)—Ch. 901
9:30—Strength Training Workout—Henry Auditorium or email Crystal for the link to join virtually
10:00☆☺—Trash— TC 2nd Floor Lounge
10:30☆—Relaxing in Nature with Crystal—Ch. 901
10:30—M&T Bank, Wells Fargo/BB&T Banks— Pick up—610-682-1430
1:00☆—Bridge/Sequence—IL Clubhouse
1:30☆—Pond Pals: Fishing/Birdwatching/meditating at the pond behind Luther Meadows (LM), weather permitting
1:30—Yoga Stretch—TC 2nd Floor Lounge
2:00☆—TouchTown Movie: The Help —Ch. 901
2:00-3:30 — Happy Hour— Tavern
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆— Scenic Relaxation: Sardinia—Ch. 901



Benches are limited; please bring your own chair- assistance available upon request

Friday, October 8

8:00-10:30—Free Personal Training with Crystal —Fitness Center
9:00☆— St. Paul's Lutheran Church Service (Mertztown)—Ch. 901
9:00-12:00☆☺—Wii Bowling—TC 2nd Floor Lounge
12:00—Swim Club/Aquatic Aerobics—Pick-up—610-682-1430
1:30☆— Pillowcase Project — Tavern— Reserve a spot with Mary Ann Owens — 610-987-6465
2:00☆—TouchTown Movie: Runaway Bride —Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆☺—UNO—TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: Utah—Ch. 901

Saturday, October 9

9:00☆— Hikers Club— meet in front of the Library Entrance
9:00☆— St. Paul's United Church of Christ (Fleetwood)—Ch. 901
10:00☆— Zumba Chair Exercise— Ch.901
2:00☆—TouchTown Movie: Pirates of the Caribbean—Ch. 901 or TC 2nd Floor Lounge
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆ —Movie Night: Hocus Pocus—TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: Australia—Ch. 901



Sunday, October 10

10:30—Grace Church Service— Auditorium
10:30☆—Worship with Trinity Lutheran Church, Reading—Ch. 901
2:00☆ —TouchTown Documentary: The Real Story of Halloween— Ch. 901 or TC 2nd Floor Lounge
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
6:00☆—Catholic Mass with Allentown Diocese—Ch. 901
7:00☆— Scenic Relaxation: Finland—Ch. 901

Monday, October 11

9:00☺—Shuffleboard—TC 2nd Floor Lounge

9:30—Strength Training Workout—Henry Auditorium or email Crystal for the link to join virtually

9:30☆— St. Paul Lutheran (Hamburg) — Ch. 901

10:30☆—Stump the Rev. Bible Study—Ch. 901

11:00— Hymn Sing—Ch. 901

1:30— Yoga Stretch—TC 2nd Floor Lounge

2:00☆—TouchTown Movie: Pirates of the Caribbean 2 —Ch. 901

3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting

3:30☆—Bocce Ball/Horseshoes—LH Park, weather permitting

7:00☆☺—Haus—TC 2nd Floor Lounge

7:00☆— Scenic Relaxation: British Isles—Ch. 901

Tuesday, October 12

9:00—Zumba— Henry Auditorium or email Meredith for the link to join virtually merabell@mac.com

9:30☆— Advent Lutheran Church Service (West Lawn) —Ch. 901

10:30— Coffee and Conversation—TC Tavern

10:30—Dollar General— Pick up—610-682-1430

1:30— Teaching Kitchen: Apples —TC Tavern—Reserve a spot —610-682-1422

2:00☆—TouchTown Movie: Pirates of the Caribbean 3—Ch. 901

2:30☆☺—Pinochle—TC 2nd Floor Lounge

3:00☆—Game Night—IL Clubhouse

3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting

3:30☆—Numbers Kubb/Horseshoes—LH Park, weather permitting

7:00☆— Scenic Relaxation: Maui—Ch. 901

Wednesday, October 13

- 9:30☆— Trinity Lutheran Church Service (Topton) —Ch. 901
10:00—Resident Association Meeting— Auditorium
10:30— Brain Fitness— TC 2nd Floor Lounge
10:30— Giant— Pick up—610-682-1430
1:30—Stability Training—Fitness Center
2:00— Music Entertainment with Chuck Rissmiller (Rescheduled)— TC Fountain
2:00☆—Midweek Worship on TouchTown—Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
3:00☆— Grace Lutheran Church Service —Ch. 901
3:30☆—Kubb—LH Park, weather permitting (Rain Date for Tournament/Picnic)
6:00☆—Bible Study with Pastor Hammett—Ch. 901 or TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: Greece—Ch. 901

Thursday, October 14

- 9:30☆— Zion's Union Church Service (Maxatawny) —Ch. 901
9:30—Strength Training Workout—Henry Auditorium or email Crystal for the link to join virtually
10:00☆☺—Trash— TC 2nd Floor Lounge
10:00—Walmart, Bechtelsville— Pick up—610-682-1430
10:30☆—Relaxing in Nature with Crystal—Ch. 901
1:00☆—Bridge/Sequence—IL Clubhouse
1:30—Yoga Stretch— TC 2nd Floor Lounge
1:30☆—Pond Pals: Fishing/Birdwatching/meditating at the pond behind Luther Meadows (LM), weather permitting
2:00☆—TouchTown Movie: Pirates of the Caribbean 4—Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆— Scenic Relaxation: Portugal—Ch. 901



**Benches are limited;
please bring your
own chair- assistance
available upon
request**

Friday, October 15

- 8:00-10:30—Free Personal Training—Fitness Center
- 9:00☆— St. Paul's Lutheran Church Service (Mertztown)—Ch. 901
- 9:00-12:00☆☺—Wii Bowling—TC 2nd Floor Lounge**
- 12:00—Swim Club/Aquatic Aerobics—Pick-up—610-682-1430**
- 1:30— Prize Bingo — Tavern**
- 2:00☆—TouchTown Movie: Harry Potter 1—Ch. 901
- 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
- 7:00☆☺—Skip-Bo—TC 2nd Floor Lounge**
- 7:00☆—Scenic Relaxation: France—Ch. 901

Saturday, October 16

- 9:00☆— Hikers Club— meet in front of the Library Entrance
- 9:00☆— St. Paul's United Church of Christ (Fleetwood)—Ch. 901
- 10:00☆— Zumba Chair Exercise— Ch.901
- 2:00☆—TouchTown Movie: Harry Potter 2—Ch. 901
- 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
- 7:00☆ —Game Night —TC 2nd Floor Lounge**
- 7:00☆— Scenic Relaxation: Turkey—Ch. 901

Sunday, October 17

- 10:30—Grace Church Service— Auditorium
- 10:30☆—Worship with Trinity Lutheran Church, Reading—Ch. 901
- 2:00☆ —TouchTown Documentary: Vampire Origins—Ch. 901 or TC 2nd Floor Lounge
- 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
- 6:00☆—Catholic Mass with Allentown Diocese—Ch. 901
- 7:00☆— Scenic Relaxation: Scotland—Ch. 901

Monday, October 18

9:00☺—Shuffleboard—TC 2nd Floor Lounge

9:30—Strength Training Workout—Henry Auditorium
or email Crystal for the link to join virtually

**9:30★—Avid Readers: ‘Raphael: Painter in Rome’
by Stephanie Storey — Tavern**

9:30★— St. Paul Lutheran (Hamburg)
— Ch. 901

10:30★—Stump the Rev. Bible Study—Ch. 901

11:00★— Hymn Sing—Ch. 901

12:00— Faith Talks— Tavern (Bring your own lunch)

1:30— Yoga Stretch—TC 2nd Floor Lounge

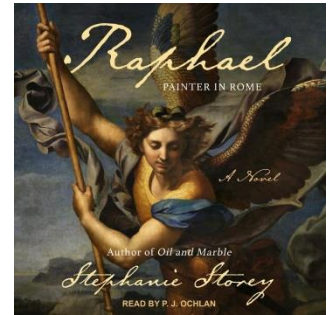
2:00★—TouchTown Movie: Harry Potter 3—Ch. 901

3:00★— Relaxing at the Fountain — TC Fountain, weather permitting

3:30★—Bocce Ball/Horseshoes—LH Park, weather permitting

7:00★☺—Haus—TC 2nd Floor Lounge

7:00★— Scenic Relaxation: Asia—Ch. 901



Tuesday, October 19

9:00—Zumba—Henry Auditorium or
email Meredith for a link to join
virtually merabell@mac.com

9:30★— Advent Lutheran Church
Service

(West Lawn) —Ch. 901

**11:00—Lehigh Valley Zoo Trip—
Pick-up- Reserve a spot by 10/13—
610-682-1425**

2:30-3:30— Fall Recovery: Build
Strength to ‘Get up’—Fitness Center

2:00★—TouchTown Movie:

Harry Potter 4—Ch. 901

2:30★☺—Pinochle — TC 2nd Floor Lounge

3:00★—Game Night—IL Clubhouse

3:00★— Relaxing at the Fountain — TC Fountain, weather permitting

3:30★—Numbers Kubb/Horseshoes—LH Park, weather permitting

7:00★— Scenic Relaxation: Africa— CH. 901

Lehigh Valley Zoo

Tickets are \$13.50 a piece

Money is Due to Tanjie or Sarah by October 13th

Please call Sarah at 610 -682-1425 to reserve a spot!

(We can only fit 13 on the bus)

If you have a last minute
cancelation please have a
replacement for your spot.

Please Note: The Lehigh Valley
will not provide wheelchairs due to
Covid-19



Wednesday, October 20

- 9:30☆— Trinity Lutheran Church Service (Topton)—Ch. 901
10:30— Prize Bingo— TC 2nd Floor Lounge
10:30—Weis Markets— Pick up—610-682-1430
1:00-2:00—Session 1 Move Your Mind Series—Tavern
2:00☆— Stitchers— TC 2nd Floor Lounge
2:00☆—Midweek Worship on TouchTown—Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
3:00☆— Grace Lutheran Church Service—Ch. 901
3:30☆—Kubb—LH Park, weather permitting
6:00☆—Bible Study with Pastor Hammett—Ch. 901 or TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: Romania—Ch. 901

Thursday, October 21

- 9:30—Strength Training Workout—Henry Auditorium
or email Crystal for the link to join virtually
9:30☆— Zion's Union Church Service (Maxatawny)
—Ch. 901
10:00☆☺—Trash— TC 2nd Floor Lounge
10:30☆—Relaxing in Nature with Crystal—Ch. 901
11:00 — Diners Club: Buckeye Tavern—Reserve
your seat for the 'Topton Party' by 10/14—610-682-1425
1:00☆—Bridge/Sequence—IL Clubhouse
2:00—Yoga Stretch— TC 2nd Floor Lounge **note time change**
1:30☆—Pond Pals: Fishing/Birdwatching/ Meditating at the pond behind
Luther Meadows (LM), weather permitting
2:00☆—TouchTown Movie: Harry Potter 5—Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆— Scenic Relaxation: Spain—Ch. 901



**Benches are limited;
please bring your
own chair- assistance
available upon
request**

Friday, October 22

- 8:30-10:30—Free Personal Training with Crystal —Fitness Center
9:00☆— St. Paul's Lutheran Church Service (Mertztown)—Ch. 901
9:00-12:00☆☺—Wii Bowling—TC 2nd Floor Lounge
10:00—Renninger's Market— Pick up—610-682-1430
12:00—Swim Club/Aquatic Aerobics—Pick-up—610-682-1430
1:30— ☆Pillowcase Project — Tavern— Reserve a spot with Mary Ann Owens — 610-987-6465
2:00☆—TouchTown Movie: Harry Potter 6 —Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆☺—Skip-Bo—TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: United Kingdom—Ch. 901

Saturday, October 23

- 9:00☆— Hikers Club— meet in front of the Library Entrance
9:00☆— St. Paul's United Church of Christ (Fleetwood)—Ch. 901
10:00☆— Zumba Chair Exercise— Ch.901
2:00☆—TouchTown Movie: Harry Potter 7 Part 1 —Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆ —Movie Night: Beetle Juice— TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: Switzerland—Ch. 901



Sunday, October 24

- 10:30—Grace Church Service— Auditorium
10:30☆—Worship with Trinity Lutheran Church, Reading—Ch. 901
2:00☆—TouchTown Documentary: Ancient Mysteries of Witches—Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
6:00☆—Catholic Mass with Allentown Diocese—Ch. 901
7:00☆— Scenic Relaxation: Ireland—Ch. 901

Monday, October 25

9:00☺—Shuffleboard—TC 2nd Floor Lounge
9:30—Strength Training Workout—Henry Auditorium or email Crystal for the link to join virtually
9:30☆— St. Paul Lutheran (Hamburg) — Ch.901
10:30☆—Stump the Rev. Bible Study—Ch. 901
11:00☆— Hymn Sing—Ch. 901
1:30— Yoga Stretch—TC 2nd Floor Lounge
2:00☆—TouchTown Movie: Harry Potter 7 Part 2 — Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
3:30☆—Bocce Ball/Horseshoes—LH Park, weather permitting
7:00☆—Haus—TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: California—Ch. 901

Tuesday, October 26

9:00—Zumba—Henry Auditorium or email Meredith for a link to join virtually merabell@mac.com
9:30☆— Advent Lutheran Church Service (West Lawn) —Ch. 901
10:30— Coffee and Conversation—TC Tavern
1:00—Toss-A-Pumpkin —TC 2nd Floor Lounge
2:00-4:00—Free Personal Training with Crystal—Fitness Center
2:00— Plant Ops Meeting— Auditorium
2:00☆—TouchTown Movie: Jurassic World—Ch. 901
2:30☆☺—Pinochle—TC 2nd Floor Lounge
3:00☆—Game Night—IL Clubhouse
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
3:30☆—Numbers Kubb/Horseshoes—LH Park, weather permitting
7:00☆— Scenic Relaxation: Greenland—Ch. 901

Wednesday, October 27


9:30☆— Trinity Lutheran Church Service (Topton)—Ch. 901
10:30— Prize Bingo—TC Tavern
10:30—Radcliffe's Market—Pick up—610-682-1430
1:00-2:00—Session 2 Move Your Mind Series—Tavern
1:30☺—Hot Air Balloon Presentation by Mary Ann— TC 2nd Floor Lounge
 2:00☆—Midweek Worship on TouchTown—Ch. 901
 3:00— Relaxing at the Fountain — TC Fountain, weather permitting
 3:00☆— Grace Lutheran Church Service —Ch. 901
3:30—Kubb—LH Park, weather permitting
 6:00☆—Bible Study with Pastor Hammett—Ch. 901
 7:00☆— Scenic Relaxation: Canada—Ch. 901



**Benches are limited;
 please bring your
 own chair- assistance
 available upon
 request**

Thursday, October 28

9:30☆— Zion's Union Church Service
 (Maxatawny)—Ch. 901
 9:30—Strength Training Workout—Henry Auditorium
 or email Crystal for the link to join virtually
10:00☆☺—Trash— TC 2nd Floor Lounge
 10:30☆—Relaxing in Nature with Crystal—Ch. 901
10:30—Aldi's Market— Pick up—610-682-1430
1:00☆—Bridge/Sequence—IL Clubhouse
1:30☆—Pond Pals:
**Fishing/Birdwatching/meditating at the pond
 behind Luther Meadows (LM), weather
 permitting**
1:30—Yoga Stretch—TC 2nd Floor Lounge
 2:00☆—TouchTown Movie: Fantastic Beasts —Ch. 901
 3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
4:00— Halloween Pub-Nite— Auditorium
 7:00☆— Scenic Relaxation: Mexico—Ch. 901



Halloween
PUB NITE
Wear a Costume!
 October 28th
 at 4:00 pm
 Henry Auditorium
*Main Dish & drinks
 provided by LHT*
 Please bring a covered
 dish to share

Friday, October 29

- 8:30-10:30—Free Personal Training with Crystal—Fitness Center
9:00☆— St Paul's Lutheran Church Service (Mertztown)—Ch. 901
9:00-12:00☆☺—Wii Bowling—TC 2nd Floor Lounge
12:00—Swim Club/Aquatic Aerobics—Pick-up—610-682-1430
2:00☆—TouchTown Movie: Poltergeist —Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆☺—500 Rummy or 31—TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: Texas—Ch. 901

Saturday, October 30

- 9:00☆— Hikers Club— meet in front of the Library Entrance
9:00☆— St. Paul's United Church of Christ (Fleetwood)—Ch. 901
10:00☆— Zumba Chair Exercise— Ch.901
1:30— Prize Bingo—Tavern
2:00☆—TouchTown Movie: Hocus Pocus—Ch. 901
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
7:00☆ — Game Night— TC 2nd Floor Lounge
7:00☆— Scenic Relaxation: Florida—Ch. 901

Sunday, October 31

- 10:30—Grace Church Service— Auditorium
10:30☆—Worship with Trinity Lutheran Church,
Reading—Ch. 901
2:00☆ —TouchTown Documentary: The History of Halloween —Ch. 901 or
TC 2nd Floor Lounge
3:00☆— Relaxing at the Fountain — TC Fountain, weather permitting
6:00☆—Catholic Mass with Allentown Diocese—Ch. 901
7:00☆— Scenic Relaxation: Bali—Ch. 901





Avid Readers:

Raphael: Painter in Rome

By: Stephanie Storey

‘Raphael: Painter in Rome’ by Stephanie Storey paints a warm, witty, mesmerizing portrait of Raphael who decorates the pope's private apartments, while Michelangelo paints the Sistine Ceiling.

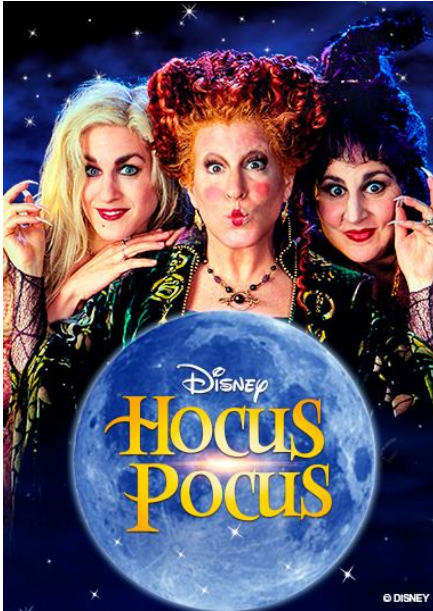
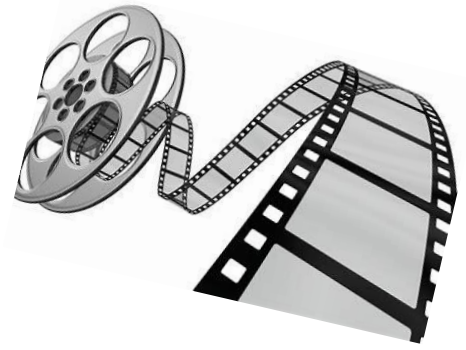
As Raphael strives toward perfection in paint, he battles internal demons: his desperate ambition, crippling fear of imperfection, and unshakable loneliness. Along the way, he conspires with cardinals, scrambles through the ruins of ancient Rome, and falls in love with a baker’s-daughter-turned-prostitute who becomes his muse.

With its gorgeous writing, rich settings, endearing characters, and riveting plot, Raphael, Painter in Rome brings to vivid life these two Renaissance masters going head to head in the deadly halls of the Vatican.

Michelangelo’s Sistine Chapel ceiling is one of the most iconic masterpieces of the Renaissance. Here, in Raphael, Painter in Rome, Storey tells of its creation as never before: through the eyes of Michelangelo’s fiercest rival—the young, beautiful, brilliant painter of perfection, Raphael. Orphaned at age eleven, Raphael is determined to keep the deathbed promise he made to his father: become the greatest artist in history. But to be the best, he must beat the best, the legendary sculptor of the David, Michelangelo Buonarroti.



Movie Night Descriptions



Hocus Pocus (1993)

PG | 1h 36min | Comedy, Family | 1993

A curious youngster moves to Salem, where he struggles to fit in before awakening a trio of diabolical witches that were executed in the 17th century.



Beetle Juice (1988)

PG | 1h 33min | Comedy, Fantasy | 1988

The spirits of a deceased couple are harassed by an unbearable family that has moved into their home, and hire a malicious spirit to drive them out.

Notes For Independent Living:



KUBB Tournament

Wednesday, October 6th

At the LH Park

(Rain Date: October 13th)



**Have you always wondered
how to play Bridge? Potential
opportunity to learn the basics!**


*Information will be based on the American Contract
Bridge Educational Foundation material*

**Contact Darla for more information:
(484) 350-2823**

Swimming at Luther Crest

**Contact Crystal for
more information**

610-682-1553



**Stop by the Fitness Center
for Crystal to check your
blood pressure during
personal training hours
throughout the calendar**

Personal Training with Crystal

Simply come to the Fitness Center within the times provided throughout the calendar to begin; program can be designed for the fitness center or for your home.

*Contact Crystal,
Fitness Coordinator, for more
available times if needed. She
can help you make any task
easier or create a program to
help you prevent falls.*

(610) 682-1553 or
ShearerC@diakon.org

Teaching Kitchen: Apples

Tuesday, October 12th

Call Tanjie to reserve your
spot by Friday, October 8th

610-682-1422

TC Note: When
ordering packages
please put special
delivery instructions
to Gilbert Building.

Welcome!



Testimonial from an LH Resident who benefitted from Personal Training:

“Crystal Shearer has been very helpful in improving physical issues I have wanted to address. She is extremely knowledgeable about physiology and how to apply exercise practices to solve problems.

Crystal has helped me plan an exercise regimen that increases my balance when standing, helps me more easily get up from the floor, and improves my overall fitness. But most of all, Crystal found exercises that have greatly reduced pain I have in my shoulder.

I cannot overstate how much I have benefitted from Crystal's resourcefulness and recommend her to everyone who wants to address physical or pain issues. She is a joy to work with and eager to help.”

From another LH resident who took advantage of Crystal's expertise:
“I'm enjoying the results of your exercises. Is it possible to be starting to feel better this fast?”

There are not enough words to fully express my heartfelt thanks for the sympathy, love and support you have extended myself and my family during this time of the loss of my son.

With sincere gratitude ,

Annabelle Zibura