

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2021

Health Center and Personal Care Activity Calendar

<p>3:00pm – Sunday Worship Service</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm – Exercise with Tammy in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm – Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am – Exercise with Tammy in South Dining Room</p> <p>2:30 – 3:30pm – Catholic Mass in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:45 – 3:45pm – BINGO in West Dining Room</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am Oktoberfest – A German Tradition with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm – Music with Erik in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>2:30 – 3:30pm – Music with Erik in South Dining Room</p>
<p>3:00pm – Sunday Worship Service</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:00pm – Celebrating Columbus Day with Mary Alice in PC Lounge</p> <p>2:30pm – 3:15pm – Exercise with Tammy in South Dining Room</p> <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:30 – 4:00pm – SPA DAY Manicures and Massages in South Dining Room</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am – Exercise with Tammy in South Dining Room</p> <p>2:30 – 3:30pm – Church Service and Communion in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:45 – 3:45pm BINGO in West Dining Room</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>2:00 – 2:45pm – Chair Zumba with Danny in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p>
<p>3:00pm – Sunday Worship Service</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm – Exercise with Tammy in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>12:15 – 1:15pm – Monthly Birthday Meal</p> <p>2:00 – 3:00pm – Salem Witches & Haunted Happenings with Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am – Exercise with Tammy in South Dining Room</p> <p>11:00am – Devotional Chat with Chaplain Fady in PC Lounge</p> <p>2:30 – 3:30pm – Halloween Party with Lorri and James in South Dining Room for HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:45 – 3:45pm BINGO in West Dining Room</p> <p>3:00 – 4:00pm PC Resident Council Meeting & Happy Hour</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am New England Fall Foliage with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm – Parkland Library Gardening Group in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p>
<p>3:00pm – Sunday Worship Service</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm – Exercise with Tammy in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm – Remembering Halloween with Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am – Exercise with Tammy in South Dining Room</p> <p>2:15 – 2:45pm – Devotional Chat with Chaplain Fady in South Dining Room</p> <p>2:30 – 3:30 – Halloween Party with Lorri and James in MSU Dining Room for PC</p> <p>2:45-3:45 – BINGO in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am Trick or Treat Halloween Candy Trivia with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm – HC Resident Council Meeting and Refreshments</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p>
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<p>3:00pm – Sunday Worship Service</p> <p>Visits in HC</p> <p>Halloween</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm – Remembering Halloween with Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm – Remembering Halloween with Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>Visits in HC</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am – Exercise with Tammy in South Dining Room</p> <p>2:15 – 2:45pm – Devotional Chat with Chaplain Fady in South Dining Room</p> <p>2:30 – 3:30 – Halloween Party with Lorri and James in MSU Dining Room for PC</p> <p>2:45-3:45 – BINGO in South Dining Room</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am Trick or Treat Halloween Candy Trivia with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm – HC Resident Council Meeting and Refreshments</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p>

Activities are subject to change.