

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2021

## HEALTH CARE AND PERSONAL CARE ACTIVITY CALENDAR

<p>3:00pm – Sunday Worship Service</p> <p>5</p>	<p>3:00pm – Sunday Worship Service</p> <p>5</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:30 – 4:00pm – <b>SPA DAY</b> Manicures and Massages in South Dining Room</p> <p>6</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>11:00 – 11:45am – Devotional Chat with Chaplain Fady in PC Lounge</p> <p>2:30 – 3:30pm – BINGO in South Dining Room</p> <p>7</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>11:00 – 11:45am – Devotional Chat with Chaplain Fady in PC Lounge</p> <p>2:30 – 3:30pm – BINGO in South Dining Room</p> <p>8</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:30 – 3:30pm BINGO in South Dining Room</p> <p>9</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am TV Games with Mary Alice in PC Lounge</p> <p>2:30 – 3:30pm - Music with Erik in South Dining Room or Courtyard</p> <p>10</p>	<p>11</p>
<p>3:00pm – Sunday Worship Service</p> <p>12</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>13</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm - Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>14</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>11:00 – 11:45am – Devotional Chat with Chaplain Fady in PC Lounge</p> <p>2:30 – 3:30pm – September Birthday Party with Hal Brister in South Dining Room Yom Kippur Begins</p> <p>15</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>3:00 – 4:00pm PC Resident Council Meeting and Happy Hour</p> <p>16</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>2:30 – 3:30pm - Music with Erik in South Dining Room or Courtyard</p> <p>17</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – TV Games with Mary Alice in PC Games</p> <p>2:30 – 3:30pm - Phil Rossi Entertainment -Piano and Guitar Duo in South Dining Room</p> <p>18</p>	<p>18</p>
<p>3:00pm – Sunday Worship Service</p> <p>19</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm - Exercise with Tammy in South Dining Room</p> <p>20</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:30 – 4:00pm Arts and Crafts with Brandon in South Dining Room</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>21</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>2:15 – 2:45pm – Devotional Chat with Chaplain Fady in South Dining Room</p> <p>2:45 – 3:15pm – Chair Zumba with Danny in South Dining Room Autumn Begins</p> <p>22</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:30 – 4:00pm HC Resident Council Meeting and Refreshments and Music with Erik in South Dining Room</p> <p>23</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – TV Games with Mary Alice in PC Games</p> <p>2:30 – 3:30pm - Phil Rossi Entertainment -Piano and Guitar Duo in South Dining Room</p> <p>24</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – TV Games with Mary Alice in PC Games</p> <p>2:30 – 3:30pm - Phil Rossi Entertainment -Piano and Guitar Duo in South Dining Room</p> <p>25</p>	<p>25</p>
<p>3:00pm – Sunday Worship Service</p> <p>26</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00 – 10:45am – Coffee and Conversation in PC Lounge</p> <p>2:30pm – 3:15pm - Exercise with Tammy in South Dining Room</p> <p>27</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>2:00 – 3:00pm Mary Alice in PC Lounge</p> <p>5:30 – 6:30pm Dave at the Piano with Dinner in PC</p> <p>28</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>11:00 – 11:45am - Exercise with Tammy in South Dining Room</p> <p>2:30 – 3:30pm BINGO in South Dining Room</p> <p>29</p>	<p>9:00 – 11:00am – Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:30 – 11:30am – Exercise with Erik in PC Lounge</p> <p>30</p>	<p><b>AUGUST</b></p> <p>30</p> <p>9:00am – 11:00am Mail and Newspaper Delivery with 1 to 1 visits</p> <p>2:30pm – 3:00pm Exercise with Tammy in South Dining Room</p> <p>31</p> <p>9:00am – 11:00am Mail and Newspaper Delivery with 1 to 1 visits</p> <p>10:00am – 12:00pm Visits with Family and Friends</p> <p>2:00pm – 4:00pm Visits with Family and Friends</p> <p>2:45pm – 3:15pm Chair Zumba with Danny in South Dining Room</p>		<p>31</p>

Activities are subject to change.