

Buffalo Valley • A Diakon Senior Living Community

"Away in a meadow all covered with snow, The little old groundhog looks for his shadow. The clouds in the sky determine our fate. If winter will leave us early or late."

~ Don Halley



Tree of the Month-Willow

Birthstone-Amethyst

Flower - Violet

Animals of the Month Many cultures and groups celebrate or feel aligned with various creatures. Here is a sampling of animals that have special connections to February.

Rats—In the Chinese zodiac, 2020 is the Year of the Rat, symbolizing ambition.

Wolves—Native American lore looks to the compassionate yet fierce wolf.

Green Dragons _ In the Celtic zodiac, the green dragon, revered for spiritual growth, is strong in early February.

Otters—For some Native Americans, the playful, intuitive otter is associated with February.

Owls—Some cultures draw on the fortitude and cunning of owls during this winter month.

Rabbits—Saying "rabbit" on the first of the month is said to be good luck, according to an English and North American superstition.

Snakes—Celtic mythology celebrates the mysterious, curious snake this month.

Groundhogs—These critters tell us if spring will come early.

What Am I?

You'll see me just once every four years. Without me, some people's birthdays (Dinah Shore, Augusta Savage, and Dennis Farina) don't come around each year. My days are even and divisible by 6.

Answer: Leap Year

In the Good Old Days:

In February 1960: The average annual income was \$5,620. The Average new home cost \$16,500. A gallon on milk cost \$0.49. \$1 in 1960 = \$7.89

In February 1980: The average annual income was \$17,710. The average new home cost \$76,400. A gallon of milk cost \$2.16. \$1 in 1980 = \$2.83

Special Days Groundhog Day February 2

Valentine's Day February 14

Flag of Canada Day February 15

Presidents' Day February 17

> Mardi Gras February 25

> Leap Day February 29

The Kingdom Kids Puppet Ministry came to the Nursing Care Center to share their program about Christmas and the life of Jesus. Kingdom Kidz, Inc. is a volunteer puppet ministry designed for all ages.









During the month of February, many people find that their hearts and minds turn to the message of love and as Christians; we find that this Biblical message is the foundation of our faith. We are assured that love began with God and due to that wonderful gift from our Lord; we are called to pass unconditional love on to all people. St. Francis of Assisi reminds us that we are to preach God's love every day with every action and to use words, only if necessary.

I share with you the inspired words from poet Joanna Fuchs in the following poem. Joanna pens words of inspiration about the holiday of Valentines Day from a Christian point of view in several of her poems. She reminds us that we tend to express our love to people who are important to us with outward signs of affection. As Christians, God's love is meant to be shared with those people that we find near and dear to our hearts along with those that we encounter every day. When you see messages of Valentine celebrations, watch a Hallmark movie or open your Valentine cards this year, remember to express the ultimate gift of love by sharing God's love with everyone who you crosses your path.

God's Valentine gift of love to us - Was not a bunch of flowers; It wasn't candy, or a book - To while away the hours.

His gift was to become a man, So He could freely give His sacrificial love for us, So you and I could live.

He gave us sweet salvation, and Instruction, good and true--To love our friends and enemies - And love our Savior, too.

So as we give our Valentines, Let's thank our Lord and King; The reason we have love to give - Is that He gave everything. By Joanna Fuchs



Sunday Weekly Worship Services:

We celebrate ecumenical worship at 3 services each Sunday.

Nursing Care Center (NCC) - 10 a.m. - Multi-Purpose Room 11 a.m. - Country Lane Neighborhood

We celebrate **Holy Communion** on the first Sunday of the month

The <u>Buffalo Valley Residents' Choir</u> will sing during the 11 a.m. worship service on February 16th led by Deb Marshall, NCC Activities Department. We invite all residents to be a part of the choir.

Personal Care (PC) Center - 2 p.m. - Dining Room

Holy Communion is celebrated every Sunday

Each service is open to residents, family and friends of our community.



Week Day Bible Study:

Our Bible study group in the **Nursing Care Center** continues to study the series "Our Love for God" written by the Reverend Chip Borgstadt, an ECLA pastor from Nebraska. The focus of our discussion will be our response to God as we examine evidence of God's steadfast love.

The **Tuesday Bible Study group** continues to study the series entitled "*Honoring God*" written by Reverend Melinda Quivik. This study engages our group to review scripture from the lens of worship and how God is glorified in our worship experiences.

Bible Study Sessions held:

Nursing Care Center- Mondays, February 3rd and 24th at 2:15 p.m. in the Multi-Purpose Room

Personal Care Center – Tuesdays in February at 11 a.m. in the Library on the 500 Wing

** This is a Combined Bible Study with the PC and Independent Living residents **

=) Many thanks to Sandra Evans for teaching on the third Tuesday of the month.



Hymn Sing-along:

The chaplain will join the residents at <u>Blue Jay Way Neighborhood</u> on <u>Thursday</u>, <u>February 6th at 10:30 a.m.</u> to sing familiar hymns of the church. We will make a joyful noise unto the Lord. Friends and family members are invited to join us during this time of singing.

Praying the Rosary: The Caring Community volunteers from the Sacred Heart of Jesus parish will lead a time of Praying the Rosary on Friday, February 7th at 10 a.m. in the Multi Purpose Room at the Nursing Care Center. All residents across the campus are welcome to participate.



Sharing Love Special Program: We will celebrate many types of love that we experience through out our lives. The program will include singing, telling stories, Bible verses and other expressions of love. This special program will be held on Tuesday, February 12th in the Nursing Care Center at 10:30 a.m. on the Country Lane Neighborhood.



Movies With the Chaplain:

The <u>first movie</u> of **February** is entitled – "**Secondhand Lions**" showing on **Monday, February 10**th at 2:15 p.m. in the **Multi-Purpose Room** at the Nursing Care Center.

<u>Movie description</u>: A shy adolescent boy, Walter (Haley Joel Osment), is taken by his greedy mother (Kyra Sedgwick) to spend the summer with his two hard-boiled great-uncles, Hub (Robert Duvall) and Garth (Michael Caine), who are rumored to possess a great fortune. At first, the two old men, both set in their ways, find Walter's presence a nuisance, but they eventually warm up to the boy and regale him with tall tales from their past. In return, Walter helps reawaken their youthful spirit.

The <u>second movie</u> showing on campus in February is "The Peanut Butter Falcon" presented on Monday, February 17th at 2 p.m. in the Village Common building

Movie description: Zac (Zack Gottsagen) is a man with Down Syndrome who has been placed in a nursing home by the state since he has no family and no resources. He has befriended every elderly resident, as well as Eleanor (Dakota Johnson), a kindly young woman who works at the facility. Zac is a huge wrestling fan and all day, every day he watches an ancient video tape put out by a wrestler named Salt Water Redneck (Thomas Haden Church), whom Zac idolizes. Zac's goal is to get to Salt Water Redneck's wrestling school, the one advertised in the video. Zac escapes and takes shelter under a tarp on a rusty boat. This boat belongs to Tyler (Shia LaBeouf), a crab fisherman embroiled in a quickly escalating war with a rival named Duncan (John Hawkes). An unlikely bond develops as Tyler helps Zac attempt his life long goal.

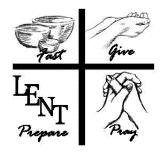
Everyone is welcome to enjoy the movies at either location.

If you have a suggestion for a good movie to watch, pass it on to the chaplain!

Catholic Mass Worship Service: Father Wilke from Sacred Heart of Jesus will conduct a Catholic Mass on Tuesday, February 18th at 2:30 p.m. The Mass will be held in the Multi Purpose Room in the Nursing Care Center. This Mass is open to our residents and their families.

Ash Wednesday Worship Services - We will celebrate Ash Wednesday, February 26th on campus with two services of imposition of ashes. A service will be held in the Nursing Care Center at 10:30 a.m. on the second floor in the Country Lane Neighborhood and at 7 p.m. in the dining room of the Personal Care building where Holy Communion will be celebrated. Everyone is invited to these services.

NOTE: Ashes will be available from the chaplain all day long if you are interested in receiving them as a blessing that marks us as a child of God.



May the Lord bless you and keep you as we journey through life together.



In God's service, Reverend Marian K. Anderson, Chaplain

<u>Diakon Lutheran Social Ministries Mission Statement</u> - "In response to God's love in Jesus Christ, Diakon will demonstrate God's command to love the neighbor through acts of service."

Many Hands, One Heart, Service Excellence