

2019

What's Happening
in
Independent Living



Friday, March 1

- 8:00-10:30—Schedule Free Personal Training with Crystal —610-682-1553
9:00—Zumba Gold—Auditorium
10:00—Shopping at Renninger's Market—610-682-1430
10:00—Community Life Meeting—Trexler Game Room
12:00—Swim Club/ Aquatic Aerobics with Crystal Pick-Up—610-682-1430
1:00—Card Club—Trexler Game Room
2:30—Catholic Mass—Deibert Hall

Saturday, March 2

- 9:00—Hike the Trail with Bob—Meet in Front of Library Entrance
2:00—TouchTown Movie: Horse Feathers—Channel 97
7:00 pm—Game Night—TC 2nd Floor Lounge

Sunday, March 3

- 10:30—Grace Congregation Worship Service (Transfiguration of our Lord/Holy Communion-Rev. Carl Scmoyer)—Auditorium
10:30—Sunday Worship Service—Deibert Hall
2:00 —TouchTown Movie: Horse Feathers—Channel 97

Monday, March 4

- 8:30 —Blast—Fitness Center
9:00—Shuffleboard—TC 2nd Floor Lounge
9:30—Shopping at Walmart/East Greenville—Pick Up—610-682-1430
10:30 —Classic—Trexler Social Hall
10:30—News Currents—TC 2nd floor lounge

12:00—Faith Talks —TC Tavern

1:00 — Wii Bowling—Trexler Game Room

1:30— Yoga Stretch—TC 2nd Floor Lounge

2:30—Pass the Pigs—Dice Game—TC Tavern

Tuesday, March 5

7:45-9:00—Schedule Free Personal Training with Crystal —610-682-1553

9:00—Zumba Gold—Auditorium

10:00—Culinary Committee Meeting-TC Tavern

11:00-12:00—Fastnacht Day and Mardi Gras Madness!-TC 2nd Floor Lounge

2:30—Games in the Tavern—TC Tavern

3:00—Pizza Party/Games at the Clubhouse

Games begin at 3pm. Pizza served at 5pm. Bring a drink and some cash for pizza

Wednesday, March 6

8:30-9:30—Chit Chat with Kelly—TC Activities Office

9:00—Movin' and Groovin' (Line Dancing) —Auditorium (Note the time change)

9:30—Shopping at Radcliffe's—Pick Up—610-682-1430

10:00—Bible Study—Buehrle Library Lounge

10:00—Move your Mind! — Trexler Social Hall

12:30—Shopping at Giant Food Store—Pick Up—610-682-1430

12:00—Crafter's Luncheon—Countryside Inn and Tavern

1:00—Bridge in the Tavern—TC Tavern

1:30—Crafter's Workshop! — Create St. Patrick's Day "Pots of Gold!"—Trexler Social Hall

2:30—Ash Wednesday-Joint Imposition of Ashes/Holy Communion— (Rev. Colleen Kristula and Rev. Carl Schmoyer) Auditorium

2:30—Taped Worship Service— TouchTown Channel 97

Thursday, March 7

9:00—Cardio Circuit—Trexler Social Hall

9:30—Topton Bank Run—Pick-Up—610-682-1430

10:00— See the World/Yellowstone National Park Movie and Live Presentation— TC 2nd Floor Lounge

10:30—Classic—Trexler Social Hall

12:30—Wells Fargo Bank Run—Pick -up—610-682-1430

1:00—Pinochle in the Lounge—TC 2nd Floor Lounge

1:30-3:30—Players Practice—Auditorium
1:30—Yoga Stretch—TC 2nd Floor Lounge
2:30—Brain Fitness—Jeopardy Trivia—TC 2nd Floor Lounge

Friday, March 8

8:00-10:30—Schedule Free Personal Training with Crystal—610-682-1553
9:00—Zumba Gold—Auditorium
9:30—Shopping at Kutztown Plaza—610-682-1430
10:00-12:00—Free Blood Pressure Clinic—Care Navigator’s Office
12:00—Swim Club/Aquatic Aerobics with Crystal- Pick-Up—610-682-1430
1:00—Card Club—Trexler Game Room
2:30—Dance Hall Day! Belly Dance and Baklava – TC 2nd Floor Lounge

Saturday, March 9

9:00—Hike the Trail with Bob—Meet in Front of Library Entrance
2:00—TC Bingo—TC Tavern
2:00—TouchTown Movie: Houseboat—Channel 97
7:00 pm—Movie Night—TC 2nd Floor Lounge

Sunday, March 10

10:30—Grace Congregation Worship Ser. (Rev. James Henderschedt) — Auditorium.
10:30—Sunday Worship Service—Deibert Hall
11:30-1:00—Sunday Brunch—Countryside Inn and Tavern - RSVP by 2/6
2:00 —TouchTown Movie: Houseboat—Channel 97

Monday, March 11

8:30 —Blast—Fitness Center
9:00—Shuffleboard—TC 2nd Floor Lounge
10:00—Shopping at Dollar General—Pick Up—610-682-1430
10:00—**Executive Committee Meeting—Rotunda Conference Room**
10:30 —Classic—Trexler Social Hall
12:00—Faith Talks—TC Tavern
1:00 —Wii Bowling—Trexler Game Room
1:30—Yoga Stretch—TC 2nd Floor Lounge
2:30—Prize Bingo—TC Tavern
***Last Day to register for the American Treasure Tour Museum-Call Kelly**

at 610-682-1422 to reserve your spot!

***Last Day to make reservations for your St. Patty's Day Dinner on March 17th-call 610-682-1327**

Tuesday, March 12

9:00 —Zumba Gold—Auditorium

**10:00-12:00—Art Instruction with Ruth—Watercolors—Team
Conference Room**

10:30—Coffee and Conversation—TC Tavern

**2:30—Clover All Over Card Game—Bring your luck of the Irish! —TC
Tavern**

3:00—Games at the Clubhouse—IL Clubhouse

Wednesday, March 13

8:30-9:30- Chit Chat with Kelly—TC Activities Office

**9:00—AAA Roadwise Refresher Course-Deibert Hall—MUST SIGN UP
IN ADVANCE!**

**9:00—Movin' and Groovin' (Line Dancing) —Auditorium (Note the time
change!)**

9:30—Shopping at Radcliffe's—Pick Up—610-682-1430

9:45—Blood Pressure Clinic—Deibert Hall

10:00—Move your Mind! — Trexler Social Hall

10:00- Bible Study- Buehrle Library Lounge

12:30—Shopping at Weis Market—Pick Up—610-682-1430

1:00—Bridge in the Tavern—TC Tavern

2:00—Stitchers—TC 2nd Floor Lounge

2:30- Midweek Worship- Deibert Hall (or TouchTown Channel 97)

Thursday, March 14

9:00—Cardio Circuit—Trexler Social Hall

10:30—Classic—Trexler Social Hall

**10:00—Film Discussion—America's Fastest Indian (True Story)—TC 2nd
floor lounge—Kelly's bringing the popcorn!**

1:30-3:30—Players Practice—Auditorium

1:00—Pinochle in the Lounge—TC 2nd Floor Lounge

1:30—Yoga Stretch—TC 2nd Floor Lounge

3:00—Happy Hour—TC Tavern

***Register for the MovieTavern Trip scheduled for Tuesday March 19th-
Call Kelly at 610-682-1422 to reserve your spot!**

Friday, March 15

8:00-10:30—Schedule Free Personal Training with Crystal —610-682-1553
9:00—Zumba Gold—Auditorium
10:00—Shopping at Renninger’s Market—Pick Up—610-682-1430
12:00— Swim Club/Aquatic Aerobics with Crystal - Pick-Up—610-682-1430
1:00—Card Club—Trexler Game Room
2:30—St Patrick’s Day Celebration with No-bake green treats and games-TC Tavern

Saturday, March 16

9:00—Hike the Trail with Bob—Meet in Front of Library Entrance
2:00—TouchTown Movie: Over Ireland—Channel 97
7:00 pm—Game Night—TC 2nd Floor Lounge

Sunday, March 17

10:30—Grace Congregation Worship Service (Rev. Bishop Samuel Zeiser)—Auditorium
10:30—Sunday Worship Service—Deibert Hall
2:00 —TouchTown Movie: Over Ireland—Channel 97
4:00-6:00pm—St. Patty’s Day Dinner at the Countryside Inn- Enjoy dinner music by Suzie Derr! (Menu attached))

Monday, March 18

8:30 —Blast—Fitness Center
9:00—Shuffleboard—TC 2nd Floor Lounge
9:30—Shopping at the Berkshire Mall—Pick Up—610-682-1430
9:30 —Avid Reader’s—Daughter of a Daughter of a Queen by Sarah Bird—Trexler Game Room
10:30 —Classic—Trexler Social Hall
10:30—News Currents—TC 2nd floor lounge
12:00—Faith Talks—TC Tavern
1:00 — Wii Bowling—Trexler Game Room
1:30— Yoga Stretch—TC 2nd Floor Lounge
***Last day to register for Diner’s Club—Call Kelly at 610-682-1422 to reserve your spot!**

Tuesday, March 19

9:00—Zumba Gold—Auditorium

*****MovieTavern-Trexlerstown—(Pick up Time announced on Wednesday March 13th)-Call Kelly-610-682-1422**

10:00—Bereavement Support Forum—Meaning Making-Journals, Living Memorials and Rituals-Deibert Hall

2:00—Plant Ops—Team Conference Room

3:00—Games at the Clubhouse—IL Clubhouse



Wednesday, March 20

8:30-9:00— Chit Chat with Kelly—TC Activities Office

9:00—Movin' and Groovin'/Line Dancing—Auditorium (Note the time change)

9:30—Shopping at Radcliffe's—Pick Up—610-682-1430

10:00—Bible Study— Buehrle Library Lounge

10:00-Move your Mind! —Trexler Social Hall

10:00-12:30—Schedule Free Personal Training with Crystal-610-682-1553

12:30—Shopping at Giant Food Store—Pick Up—610-682-1430

1:00—Bridge in the Tavern—TC Tavern

2:30—What Am I? Guessing Game—TC 2nd Floor Lounge

2:30—Mid-Week Worship—Deibert Hall (or TouchTown Channel 97)

Thursday, March 21

9:00— American Treasure Tour Museum—Call Kelly at 610-682-1422

9:00—Cardio Circuit—Trexler Social Hall

10:30—Classic—Trexler Social Hall

1:30-3:30—Players Practice—Auditorium

1:00—Pinochle in the Lounge—TC 2nd Floor Lounge

1:30—Yoga Stretch—TC 2nd Floor Lounge

Friday, March 22

8:00-10:30—Schedule Free Personal Training with Crystal —610-682-1553

9:00—Zumba Gold—Auditorium

9:30—Shopping at Kutztown Plaza—Pick Up—610-682-1430

10:30—Color and Chat—TC Tavern

10:00-3:00— Books are Fun!- Vendor Event—HHCC Rotunda

**Books for All Ages! Giftware! Toys!
Reasonable Prices!**

10-12:00pm—Free Blood Pressure Clinic-Care Navigator’s Office

12:00—Swim Club/Aquatic Aerobics with Crystal—Pick Up—610-682-1430

1:00—Card Club—Trexler Game Room

2:30- Dog Days! The Adventures of a Chocolate Beagle! Meet “Mr. Howard”—TC 2nd Floor Lounge

Saturday, March 23

9:00—Hike the Trail with Bob—Meet in Front of Library Entrance

2:00—TouchTown Movie: Life as we know it—Channel 97

2:00—Boyertown Museum Presentation –Auditorium (Sponsored by the Brandywine Library)

7:00 pm—Movie Night—TC 2nd Floor Lounge

Sunday, March 24

10:30—Grace Congregation Worship Ser. (Rev. Laura Stonebeck)—Auditorium

10:30—Sunday Worship Service—Deibert Hall

11:30-1:00—Sunday Brunch—Countryside Inn and Tavern- RSVP by 2/20

2:00 —TouchTown Movie: Life as we know it—Channel 97

Monday, March 25

8:30 —Blast—Fitness Center

9:00—Shuffleboard—TC 2nd Floor Lounge

10:30 —Classic—Trexler Social Hall

10:30—News Currents—TC 2nd Floor Lounge

12:00—Faith Talks—TC Tavern--Lent

1:00 — Wii Bowling—Trexler Game Room

1:30— Yoga Stretch—TC 2nd Floor Lounge

2:30—No Bake—Watergate Salad-TC Tavern

Tuesday, March 26

7:45-9:00—Personal Training with Crystal —610-682-1553

9:00—Zumba Gold—Auditorium

10:30 —Diner’s Club— McCarthy’s Red Stag Pub and Whiskey Bar-

Writers wear kilts! – Call Kelly @ 610-682-1422 to reserve your spot!

3:00—Games at the Clubhouse—IL Clubhouse

Wednesday, March 27

9:00—Movin' and Groovin' (Line Dancing)—Auditorium (Note the time change)

9:30—Shopping at Radcliffe's—Pick Up—610-682-1430

10:00—Bible Study —Buehrle Library Lounge

10:00—**Move your Mind! —Trexler Social Hall**

12:30—Shopping at Weis Food Store—Pick Up—610-682-1430

1:00—Bridge in the Tavern—TC Tavern

1:00-3:00— Schedule Free Personal Training with Crystal —610-682-1553

2:00—Stitchers—TC 2nd Floor Lounge

2:30—**Joint Healing Service (Rev. Colleen Kristula and Rev. Carl Schmoyer) —Auditorium**

Thursday, March 28

9:00—Cardio Circuit—Trexler Social Hall

9:30—Shopping at Aldi's Market—Pick up-610-682-1430

10:30—Heads Up—Brain Fitness—TC 2nd Floor Lounge

10:30—Classic—Trexler Social Hall

1:00—Pinochle in the Lounge—TC 2nd Floor Lounge

1:30—Yoga Stretch—TC 2nd Floor Lounge

1:30-3:30—Players Practice—Auditorium

4:00—Pub Nite – Chicken Pot Pie—Trexler Social Hall

Friday, March 29

8:00-10:30—Schedule Free Personal Training with Crystal—610-682-1553

9:00-Zumba Gold—Auditorium

10:00—Renningers Market-Pick up—610-682-1430

10:30—Coffee and Conversation-TC Tavern

12:00-Swim Club/Aquatic Aerobics with Crystal Pick up—610-682-1430

1:00—Card Club—Trexler Game Room

1:30—Wellness Talk-Seasonal Allergies—Trexler Social Hall

Saturday, March 30

9:00—Hike the Trail with Bob—Meet in front of the Library entrance

2:00—TouchTown Movie: The Glen Miller Story—Channel 97

7:00pm—Game Night—TC 2nd Floor Lounge

Sunday, March 31

10:30—Grace Congregation Worship Service (Rev. Arthur Hahn/Food Pantry)—Auditorium

10:30—Sunday Worship Service—Deibert Hall

2:00—TouchTown Movie: The Glen Miller Story—Channel 97