

What's Happening
in Independent
Living?

2020

well hello, march

Sunday, March 1

- 10:30 - Grace Lutheran Worship Service (Reverend Carl Schmoyer) – Auditorium
- 10:30- Worship Service – Deibert Hall
- 2:00 - TouchTown Movie: Top Gun - Channel 97

Monday, March 2

- 8:30 - Blast - Fitness Center
- 9:00 - Shuffleboard - TC 2nd Floor Lounge
- 9:30 - Walmart in East Greenville- Pick Up 610-682-1430
- 10:30 - Classic - Trexler Social Hall
- 12:00-Faith Talks (Lent Series) - TC Tavern**
- 12:30 - Wii Bowling - Trexler Game Room
- 1:30 - Yoga Stretch - TC 2nd Floor Lounge
- 2:00- Touchtown Movie: Birth of Flight- Part 2 – Channel 97

Tuesday, March 3

- 9:00 - Zumba Gold – Auditorium
- 10:00 - Culinary Committee- TC Tavern**
- 10:00 – Bereavement Support Forum – Deibert Hall (see back pages)**

2:00- TouchTown Matinee: Birth of Flight- Part 2- Channel 97

2:30- No Bake- Trash! (Yes, this is a recipe!)- TC Tavern

3:00 - Pizza/Games at the Clubhouse - IL Clubhouse

Wednesday, March 4

9:30 - Movin' and Groovin'/Line Dancing - Auditorium

10:00 - Shopping at Radcliffe's - Pick Up - 610-682-1430

10:00 - Bible Study- Buehrle Library Lounge

10:30- NewsCurrents – TC 2nd Floor Lounge – Note Change in Day!

12:30- Shopping at Giant Store – Pick Up – 610-682-1430

12:30-1:30 – [Free] Personal Training (Call 610-682-1553 to reserve this time with Crystal)

1:00 - Bridge in the Tavern - TC Tavern

**2:30- Crafter's Workshop – Pressed Flower Art – Trexler Social Hall-
NOTE CHANGE IN TIME!**

2:30 - Midweek Worship - Deibert Hall (or Channel 97)

***Last day to reserve a spot for Teaching Kitchen on 3/10**

Thursday, March 5

9:00 - Cardio Circuit - Trexler Social Hall

9:30- M & T Bank – Call 610-682-1430

10:30 - Classic - Trexler Social Hall

12:30- Wells Fargo and BB & T Banks – Call 610-682-1430

1:00 - Pinochle in the Lounge – **TC Tavern**

1:30 - Yoga Stretch - TC 2nd Floor Lounge

1:30- LHT Players Practice- Auditorium

Friday, March 6

8:30-9:30 [Free] Personal Training (Call 610-682-1553 to reserve this time with Crystal)

9:00 - Zumba Gold - Auditorium

10:00 - Shopping at Renninger's Market – Pick Up – 610-682-1430

10:00 – Community Life Meeting- Trexler Social Hall

12:00 - Swim Club/Aquatic Aerobics with Crystal- Pick Up - 610-682-1430

1:00– Card Club - Trexler Game Room

2:30- Catholic Mass – Deibert Hall

Saturday, March 7

2:00 - TouchTown Movie: Follow the Stars Home- Channel 97

7:00 - Movie Night - TC 2nd Floor Lounge

Sunday, March 8

10:30 - Grace Lutheran Worship Service (Reverend James Henderschedt) – Auditorium

10:30 - Sunday Worship Service– Deibert Hall

2:00 - TouchTown Movie: Follow the Stars Home- Channel 97

Monday, March 9

8:30 - Blast - Fitness Center

9:00 - Shuffleboard - TC 2nd Floor Lounge

10:00- Shopping at Dollar General- Pick Up 610-682-1430

10:00- Executive Committee Meeting- Rotunda Conference Room

10:30 - Classic – Trexler Social Hall

12:00- Faith Talks (Lent Series) – TC Tavern

12:30 - Wii Bowling - Trexler Game Room

1:30 - Yoga Stretch - TC 2nd Floor Lounge

2:00- TouchTown Matinee: Hoosiers – Channel 97

Tuesday, March 10

9:00 - Zumba Gold - Auditorium

10:00- Art with Ruth – Team Conference Room

10:00- Bereavement Support Forum – Deibert Hall

10:30 - Coffee and Conversation – TC Tavern

1:30- Teaching Kitchen- Whole Grains- TC Tavern- Call 610-682-1425 by to reserve your spot

2:00- TouchTown Matinee: Hoosiers- Channel 97

3:00 - Games at the Clubhouse - IL Clubhouse

Wednesday, March 11

9:30 - Movin' and Groovin'/Line Dancing - Auditorium

10:00 - Shopping at Radcliffe's - Pick Up—610-682-1430

10:00 - Bible Study – Buehrle Library Lounge

10:30- NewsCurrents- TC 2nd Floor Lounge- Note Change in Day!

12:30 - Shopping at Weis Market - Pick Up - 610-682-1430

1:00 - Bridge in the Tavern - TC Tavern

1:30 - 2:30 – [Free] Personal Training (Call 610-682-1553 to reserve this time with Crystal)

2:00 - Stitchers - TC 2nd Floor Lounge

2:30 – Midweek Worship – Deibert Hall (or Channel 97)

***Last Day to reserve a spot for “An Afternoon at the Promenade” on 3/19**

Thursday, March 12

9:00 - Cardio Circuit - Trexler Social Hall

10:00- Travel with the Yarrison’s - Explore the Netherlands at Tulip Time (Small Villages, Windmills and FLOWERS!)- TC 2nd Floor Lounge

10:30 - Classic - Trexler Social Hall

1:00 - Pinochle in the Lounge - **TC 2nd Floor Lounge**

1:30 - Yoga Stretch - TC 2nd Floor Lounge

1:30- LHT Players Practice – Trexler Social Hall- Note Location Change!

3:00 - Happy Hour- TC Tavern

Friday, March 13

8:00-9:00 – [Free] Personal Training (Call 610-682-1553 to reserve this time with Crystal)

9:00 - Zumba Gold – Auditorium

10:00 - Shopping Kutztown Plaza – Pick Up – 610-682-1430

10:00-12:00 - Free Blood Pressure Clinic- Care Navigator’s Office

10:30- Trivia- TC 2nd Floor Lounge

12:00 - Swim Club/Aquatic Aerobics with Crystal- Pick Up - 610-682-1430

1:00 - Card Club - Trexler Game Room

1:00-3:00- Ryan’s Cases for Smiles- Purposeful Project- TC Tavern- See back page for info.

Saturday, March 14

2:00 - TouchTown Movie: A Smile as Big as the Moon- Channel 97

2:00 - TC Bingo – TC Tavern

2:00- The Pennsylvania Turnpike: “The World’s Finest and Only Tunnel Super Highway” – Auditorium (see back pages for details)

7:00 pm - Game Night - TC 2nd Floor Lounge

Sunday, March 15

10:30 - Worship Service – Deibert Hall

10:30 – Grace Lutheran Worship Service (Rev. Richard Miller)- Auditorium

2:00 - TouchTown Movie: A Smile as Big as the Moon - Channel 97

***Last Day to reserve your spot for Card Workshop with Eleanor on 3/25!**

Monday, March 16

8:30 - Blast - Fitness Center

9:00 - Shuffleboard - TC 2nd Floor Lounge

9:30- Avid Readers “My Name is Eva” by Susan Goldring – Trexler Game Room –*New Members ALWAYS welcome!*

9:30 - Shopping at Lehigh Valley Mall – Pick Up – 610-682-1430

10:30 - Classic - Trexler Social Hall

12:00- Faith Talks (Lent Series) – TC Tavern

12:30 - Wii Bowling - Trexler Game Room

1:30 - Yoga Stretch - TC 2nd Floor Lounge

2:00- Touchtown Movie: Over Ireland - Channel 97

Tuesday, March 17

8:30-9:30 – [Free] Personal Training (Call 610-682-1553 to reserve this time with Crystal)

9:00- Zumba Gold- Auditorium

10:00- Bereavement Support Forum – Deibert Hall

10:30 - Coffee and Conversation- TC Tavern

2:00- TouchTown Matinee: Over Ireland -Channel 97

2:00 - Plant Ops Meeting- Team Conference Room

3:00- Games at the Clubhouse- IL Clubhouse

***Last Day to reserve your spot for Diner’s Club on 3/24!**

Wednesday, March 18

9:30 - Movin’ and Groovin’/Line Dancing - Auditorium

10:00 - Shopping at Radcliffe’s - Pick Up - 610-682-1430

10:00 - Bible Study- Buehrle Library Lounge

10:30 – NewsCurrents – TC 2nd Floor Lounge- Note Change in Day!

12:30 - Shopping at Giant Store – Pick Up – 610-682-1430

1:00 - Bridge in the Tavern - TC Tavern

2:30 – Hymn Sing- Deibert Hall

2:30-3:30 – [Free] Personal Training (Call 610-682-1553 to reserve this time

with Crystal)

7:00- Civics for Grown-ups- Sponsored by The Longswamp Historical Society – Auditorium (see back pages for details)

Thursday, March 19

9:00 - Cardio Circuit - Trexler Social Hall

10:30 – An Afternoon at the Promenade Shops! Lunch at Torre followed by time to shop! (There are places to sit if you do not wish to shop.)

Reservations required- call 610-682-1425 to reserve a spot

10:30 – Classic - Trexler Social Hall

1:00 - Pinochle in the Lounge - **TC Tavern**

1:30 - Yoga Stretch - TC 2nd Floor Lounge

1:30- LHT Players Practice- Auditorium

Friday, March 20

7:30-9:00 – [Free 15 min.] Movement Support Session–Fitness Center

9:00- Zumba Gold- Auditorium

10:00 - Shopping at Renninger’s Market - Pick Up - 610-682-1430

10:00-4:00- Vendor Event- Books are Fun – HHCC Rotunda – Supports the Benevolent Care Fund!

Reasonable priced books for all ages, gifts, toys, and more!

12:00 - Swim Club/Aquatic Aerobics with Crystal- Pick Up - 610-682-1430

1:00 - Card Club - Trexler Game Room

2:30 - BINGO- TC Tavern

Saturday, March 21

2:00 - TouchTown Movie: The Boys Next Door - Channel 97

7:00 pm - Movie Night - TC 2nd Floor Lounge

Sunday, March 22

10:30 - Grace Lutheran Worship Service (Revered Laura Stoneback) - Auditorium

10:30 - Sunday Worship Service – Deibert Hall

2:00 - TouchTown Movie: The Boys Next Door- Channel 97

2:00- “When Miss Arlington Twirled”- Auditorium (see back pages for details)

Monday, March 23

8:30 - Blast - Fitness Center

9:00 - Shuffleboard - TC 2nd Floor Lounge

10:30 - Classic - Trexler Social Hall

12:00 - Faith Talks (Lent Series) - TC Tavern

12:30 - Wii Bowling - Trexler Game Room

1:30 - Yoga Stretch - TC 2nd Floor Lounge

2:30- Thirty-One Card Game (or bring a favorite card game to play with friends) - TC Tavern

Tuesday, March 24

8:30-9:30 – [Free] Personal Training (Call 610-682-1553 to reserve this time with Crystal)

9:00 - Zumba Gold - Auditorium

10:00- Bereavement Support Forum- Deibert Hall

10:30 - Coffee and Conversation – TC Tavern

10:45 – Diner’s Club – BJ’s Brewhouse – Call 610-682-1425 to reserve your spot!

2:00- TouchTown Matinee: Channel 97

3:00 - Games at the Clubhouse - IL Clubhouse

Wednesday, March 25

9:30 - Movin’ and Groovin’/Line Dancing - Auditorium

10:00 - Shopping at Radcliffe’s - Pick Up - 610-682-1430

10:00 - Bible Study- Buehrle Library Lounge

12:30 - Shopping at Weis Market – Pick Up – 610-682-1430

1:00 - Bridge in the Tavern - TC Tavern

1:00- Card Workshop with Eleanor- Trexler Game Room- Please reserve your spot by 3/15!

1:30-2:30 – [Free] Personal Training (Call to schedule 610-682-1553)

2:00 - Stitchers - TC 2nd Floor Lounge

2:30 - Midweek Worship- Deibert Hall (or Channel 97)

***Last Day for Reservations for Sunday Buffet on 3/29!**

Thursday, March 26

9:00 - Cardio Circuit - Trexler Social Hall

9:30- Shopping at Aldi’s Market- Call 610-682-1430

10:30 - Classic - Trexler Social Hall

1:00 - Pinochle in the Lounge - **TC Tavern**
1:30 - Yoga Stretch - TC 2nd Floor Lounge
1:30- LHT Players Practice- Auditorium
4:00 - Pub Nite- Trexler Social Hall (Main Dish- Bacon Wrapped Meatloaf)

Friday, March 27

8:30-9:30 – [Free 15 min.] Movement Support Session–Fitness Center
9:00- Zumba Gold- Auditorium
10:00 - Shopping at Kutztown Plaza - Pick Up - 610-682-1430
10:00-12:00- Free Blood Pressure Clinic- Care Navigator's Office
12:00 - Swim Club/Aquatic Aerobics with Crystal- Pick Up - 610-682-1430
1:00 - Card Club - Trexler Game Room
1:30- Wellness Talk- Topic: Aging in Place- Trexler Social Hall

Saturday, March 28

2:00 - TouchTown Movie: Back When We Were Grown-Ups - Channel 97
7:00 pm - Game Night - TC 2nd Floor Lounge

Sunday, March 29

10:30 - Grace Lutheran Worship Service (Revered Richard Miller) - Auditorium
10:30 - Sunday Worship Service – Deibert Hall
11:30-1:00- Sunday Brunch in Countryside Inn- Reservations Required by March 25th – Call 610-682-1327 (See back pages for menu)
2:00 - TouchTown Movie: Back When We Were Grown-Ups- Channel 97

Monday, March 30

8:30 - Blast - Fitness Center
9:00 - Shuffleboard - TC 2nd Floor Lounge
10:30 - Classic - Trexler Social Hall
12:00 - Faith Talks (Lent Series) - TC Tavern
12:30 - Wii Bowling - Trexler Game Room
1:30 - Yoga Stretch - TC 2nd Floor Lounge
2:00- Touchtown Matinee- Hachi: A Dog's Tail – Channel 97

Tuesday, March 31

8:30-9:30 – [Free] Personal Training (Call 610-682-1553 to reserve this time with Crystal)

9:00 - Zumba Gold – Auditorium

10:00- Bereavement Support Forum – Deibert Hall

10:30 - Coffee and Conversation – TC Tavern

2:00- TouchTown Matinee – Hachi: A Dog's Tail - Channel 97

2:30- BINGO- TC Tavern

3:00- Games in the Clubhouse- IL Clubhouse