











































# H.H.C.C. Memory Support Structured Activities (D3)

 **March 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Ingredient of the Month:</b></p> <p><b>Mint!</b></p> 	<p><u>*Trinity Lutheran Church Worship video will be played from 10:15am-11:15am every Sunday in the D3 dining room</u></p> 					<p><b>* D3 Dining room cleaning schedule</b></p> <p><b>Morning</b> 9:30am-10:00am</p> <p><b>Afternoon</b> 1:30pm-2:00pm</p> <p><i>*There will be no activity in the Dining room while Housekeeping staff is cleaning.</i></p>
<p><b><u>March Weekend Movies:</u></b></p>  <p>3/ 2 &amp; 3- Horse Feathers 3/ 9 &amp; 10- Houseboat 3/ 16 &amp; 17- Over Ireland 3/ 23 &amp; 24- Life As We Know It 3/ 30 &amp; 31- The Glenn Miller Story</p> <p><b>* All Afternoon movies start at 2:00pm on Channel 2 (Touchdown Channel)</b></p>					<p><b>1</b></p> <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15am</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> Baking Group!</p> <p><b>1:30</b> 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p><b>2:30</b> Drum Circle (* Roman Catholic Mass - DH)</p>	<p><b>2</b></p> <p><b>10:00am</b> Meet &amp; Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Trivia</p> <p><b>2:30pm</b> Volleyball!</p> 

<p>3</p>  <p><b>10:15 AM</b> Happy Sunday, Friends!</p> <p><b>10:30 AM</b> Church Worship Current Events <i>Church Service (DH)</i></p> <p><b>2:30 PM</b> Small Groups-1:1 Round Table Social Activities Puzzles, Search &amp; Find, Sort &amp; Stack and Color Memory Stimulation</p>	<p>4</p> <p><b>10:15 AM</b> Good Morning Greetings!</p> <p><b>10:30 AM</b> In the News Monday Morning Trivia "Seniors In Motion" Exercise</p>  <p><b>1:30</b> 1:1 visits</p> <p><b>2:30 PM</b> <b>D3 Music w/ Ed Podziomek</b></p> 	<p>5</p> <p><b>Mardi Gras</b></p> <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15am</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> True or False?</p> <p><b>1:30-2:15pm</b> 1:1 Visits</p> <p><b>2:30 PM</b> Active Game Bowling</p> <p><b>2:30</b> Our American Century Reading Group - L</p>	<p>6</p> <p><b>Ash Wednesday (Lent begins today)</b></p>  <p><b>10:15 AM</b> Morning Meet and Greet</p> <p><b>10:30 AM</b> <b>Church Service with Pastor Colleen</b></p> <p><b>1:30pm</b> 1:1 Visits</p> <p><b>2:30 PM</b> B-I-N-G-O!</p> 	<p>7</p> <p><b>10:15 AM</b> Good Morning Greetings!</p> <p><b>10:30 AM</b> In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p>  <p><b>10:30am</b> 1 to 1 room visits</p> <p><b>2:30pm</b> <b>D3 Hockey Game</b></p> <p><b>2:30 PM</b> Sensory Touch &amp; Music --SP</p>	<p>8</p> <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15am</b> Devotions</p> <p>Exercise</p> <p><b>10:45-11:30am</b> Baking Group</p> <p><b>1:30pm</b> 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p><b>2:30pm</b> March team hangman challenge</p>	<p>9</p> <p><b>10:00am</b> Meet &amp; Greet</p> <p>Devotions</p> <p>Exercise</p> <p>"The 50 Nifty United States"- Trivia game</p> <p><b>2:30pm</b> <b>Volleyball</b></p> 
<p>10</p>  <p><b>10:15 AM</b> Happy Sunday, Friends!</p> <p><b>10:30 AM</b> Church Worship <i>Church Service (DH)</i></p> <p><b>2:30 PM</b> Baking Group Leprechaun Gold Cake &amp; Salt Dough Shamrocks</p>  <p><b>Daylight Savings Begins Spring Ahead !!</b></p>	<p>11</p> <p><b>10:15 AM</b> Good Morning Greetings!</p> <p><b>10:30 AM</b> In the News Monday Morning Trivia "Seniors In Motion" Exercise</p>  <p><b>2:30 PM</b> Ladies Group Tea &amp; Cakes Reminisce</p> 	<p>12</p> <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15am</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> This Month In History pt. 1</p> <p><b>1:30pm</b> 1:1 Visits</p> <p><b>2:30 PM</b> Pot of Gold Bean Bags Toss</p> <p><b>2:30pm</b> Sensory – Music and Memory - L</p>	<p>13</p>  <p><b>8:30</b> (* <i>Early Risers Men's Breakfast (Group 1) - FP</i></p> <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:30am</b> <b>Church Service with Pastor Colleen</b></p> <p><b>1:30pm</b> 1:1 Visits</p> <p><b>2:30</b> <b>BINGO</b></p> 	<p>14</p> <p><b>10:15 AM</b> Good Morning Greetings!</p> <p><b>10:30 AM</b> In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p>  <p><b>10:30</b> Sensory Stimulation – L</p> <p><b>1:30pm</b> 1:1 Visits</p> <p><b>2:30pm</b> <b>Piano Music W/ Dave!</b></p> 	<p>15</p> <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15am</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> Baking Group</p> <p><b>1:30</b> 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p><b>2:30pm</b> Drum Circle</p> <p><i>Beware the Ides of March!</i></p>	<p>16</p> <p><b>10:00am</b> Meet &amp; Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Word Teasers</p> <p><b>2:30pm</b> <b>Curling team Challenge!</b></p> 

<p>17 <b>Happy St. Patty's Day</b></p>  <p><b>10:15 AM</b> Happy Sunday, Friends!</p> <p><b>10:30 AM</b> Video- Church Worship <i>Church Service (DH)</i></p> <p><b>2:30 PM</b> Crafters Corner Bird House Painting</p>  	<p>18 <b>10:15 AM</b> Good Morning Greetings!</p> <p><b>10:30 AM</b> In the News Monday Morning Trivia "Seniors In Motion" Exercise</p>  <p><b>2:30 PM</b> Monday Movie Matinee</p> 	<p>19 <b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15am</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> This Month in History pt. 2</p> <p><b>1:30-2:15pm</b> 1:1 Visits</p> <p><b>2:30pm</b> B-I-N-G-O</p> 	<p>20 <b>First Day of Spring!</b></p>  <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:30am</b> Church Service with Pastor Jane</p> <p><b>1:30pm</b> 1:1 Visits</p> <p><b>2:30pm</b> First Day of Spring Ice Cream Party &amp; Horseshoes</p> 	<p>21 <b>10:15 AM</b> Good Morning Greetings!</p> <p><b>10:30 AM</b> In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p>  <p><b>10:30am</b> 1 to 1 room visits</p> <p><b>1:30-2:15pm</b> 1:1 Visits</p> <p><b>2:30pm</b> D3 Birthday Party w/ Rob Ballanoff</p> 	<p>22 <b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15-10:45</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> Baking Group!</p> <p><b>1:30</b> 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p><b>2:30pm</b> March Jeopardy</p> 	<p>23 <b>10:00am</b> Meet &amp; Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Name 10</p> <p><b>2:30pm</b> Volley Ball</p>
<p>24 </p> <p><b>10:15 AM</b> Happy Sunday, Friends!</p> <p><b>10:30 AM</b> Church Worship Current Events <i>Church Service (DH)</i></p> <p><b>2:30pm</b> Active Games <b>PRIZE BINGO</b></p> 	<p>25 <b>10:15 AM</b> Good Morning Greetings!</p>  <p><b>10:30 AM</b> In the News Monday Morning Trivia "Seniors In Motion" Exercise</p> <p><b>1:30</b> 1:1 visits</p> <p><b>2:30 PM</b> Sensory Touch &amp; Trinkets --Music --SP</p>	<p>26 <b>9:30am</b> Morning Meet and Greet</p> <p><b>10:15am</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> Word teasers</p> <p><b>1:30-2:15pm</b> 1:1 Visits</p> <p><b>2:30</b> Active Game Mini Golf</p> <p><b>2:30</b> D3 Men's Club - L</p>	<p>27 </p> <p><b>9:30am</b> Morning Meet and Greet</p> <p><b>10:30am</b> Church Service with Pastor Ruth</p> <p><b>1:30pm</b> 1:1 Visits</p> <p><b>2:30pm</b> B-I-N-G-O</p> 	<p>28 <b>10:15 AM</b> Good Morning Greetings!</p> <p><b>10:30 AM</b> In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p>  <p><b>10:30am</b> Sensory Stimulation – L</p> <p><b>1:30-2:15pm</b> 1:1 Visits</p> <p><b>2:30pm</b> You be the Judge Challenge</p> <p><b>2:30pm</b> Beauty Shoppe W/ Debi</p>	<p>29 Morning Meet and Greet</p> <p><b>10:15-10:45</b> Devotions</p> <p>Exercise</p> <p><b>10:45am</b> Baking Group!</p> <p><b>1:30</b> 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p><b>2:30pm</b> Drum Circle</p> 	<p>30 <b>10:00am</b> Meet &amp; Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Malarkey</p> <p><b>2:30pm</b> D3 Opening Day Baseball Game!</p> 



**10:15 AM**  
Happy Sunday, Friends!

**10:30 AM**  
Church Worship

Current Events

*Church Service (DH)*

**2:30 PM**  
Hymn Sing A-Long



# Did you Know?

**The Anglo-Saxons referred to the month of March as "Hlyd Monath" which means....**

**Stormy Month!**



**\* All activities are subject to change.**

Family Members and Visitors are invited to participate in Group Activities with our Residents.  
**Families are asked to check with Nursing and Activities before escorting residents off of the Unit for programs.**  
**Unit programs will be held in the D3 Dining Room unless otherwise specified.**

**KEY:**

(L)- D3 Lounge  
(FL) – Fire Side Lounge (A-wing, near the Rotunda)  
(\**Italics-off Unit program with supervision and by invitation only*)  
(DH)-Deibert Hall  
(AUD)-Henry Auditorium  
(R) - Rotunda  
(RDR) – Rotunda Dining Room  
(OU) – Out Side with supervision and by invitation only  
(FP) - Front Porch  
(SP) – Sun Porch  
(D2DR) Second Floor Dining Room  
(TGR)- Trexler Game Room  
(TSH) – Trexler Social Hall  
(CIT)- Countryside Inn and Tavern (In Tower Court)

**WE@Topton**



*The Wellness Edge at Topton*

