


















H.H.C.C. Memory Support Structured Activities (D3)



January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ingredient of the Month:</p> <p>Peppermint</p> 	<p><u>*Trinity Lutheran Church Worship video will be played from 10:00am-11:15am every Sunday in the D3 dining room</u></p> 		 <p>Aroma therapy takes place every day on the D3 Sun Porch starting at 10:00am & 2:00pm</p>			<p>* D3 Dining room cleaning schedule</p> <p>Morning 9:30am-10:00am</p> <p>Afternoon 1:30pm-2:00pm</p> <p><i>*There will be no activity in the Dining room while Housekeeping staff is cleaning.</i></p>
		<p>1</p> <p>New Years Day</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am New Years Resolution</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30pm D3 Topton Bowl</p> 	<p>2</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>One-On-One Visits</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O!</p> 	<p>3</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Sit Down Dancing/ Exercises Bonnie Noll Music Sing A-Long</p> <p>10:30am Sensory Stimulation – L</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm Frogs in the pond</p> <p>2:30pm Beauty Shoppe Facials & Nails Lounge W Debi</p>	<p>4</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Baking Group!</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30 New Years Drum Circle (*) <i>Roman Catholic Mass - DH</i></p>	<p>5</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Trivia</p> <p>2:30pm Volley Ball</p> 

<p>6</p> <p>9:30am Happy Sunday, Friends!</p> <p>10:30am Church Worship Current Events <i>Church Service (DH)</i></p> <p>2:30pm Active Game Snowman Hangman</p> 	<p>7</p> <p>9:30am Good Morning Greetings!</p> <p>10:00am Morning Baking & Recipe Group "Chocolate Snowballs"</p> <p>1:30 1:1 visits</p> <p>2:30pm Craft Corner Winter Bead Craft & Eat Baked Goods</p>	<p>8</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am This Month in History pt. 1</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30 Active Game Marshmallow Madness</p> <p>2:30 Music and Memories -SP</p>	<p>9</p> <p>8:30 (* <i>Early Risers Men's Breakfast (Group 2) - FP</i>)</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>One-On-One Visits</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O!</p> 	<p>10</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Sit Down Dancing/ Exercises Bonnie Noll Music Sing A-Long</p> <p>10:30am 1 to 1 room visits</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm January D3 Football Challenge</p>  <p>2:30pm Small Group Programing - L</p>	<p>11</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45-11:30am Baking Group</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm D3 Music w/ Maria Demore</p> 	<p>12</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Winter Word Challenges!</p> <p>2:30pm Volleyball</p>
<p>13</p>  <p>9:30am Happy Sunday, Friends!</p> <p>10:30am Church Worship Current Events <i>Church Service (DH)</i></p> <p>2:30pm Active Game Bean Bag Toss</p>	<p>14</p> <p>9:30am Good Morning Greetings!</p> <p>10:00am Morning Baking & Recipe Group "Lemon Surprise"</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm <i>Active Game Bocci Ball</i></p>  <p><i>Snow Day!</i></p>	<p>15</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am This Month In History pt. 2</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm Piano Music W/ Dave the Piano Man!</p>	<p>16</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>One-On-One Visits</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O!</p> 	<p>17</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Sit Down Dancing/ Exercises Bonnie Noll Music Sing A-Long</p> <p>10:30 Sensory Stimulation – L</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm Team Curling Championship!</p>  <p>2:30pm Beauty Shoppe Facials & Nails Lounge W Debi</p>	<p>18</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Baking Group</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30pm Drum Circle</p> 	<p>19</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Christmas Trivia</p> <p>2:30pm D3 Hockey Challenge</p> 

<p>20</p>  <p>9:30am Welcome, Friends!!</p> <p>10:30am Church Worship</p> <p>Current Events <i>Church Service (DH)</i></p> <p>2:30pm Active Game Warm & Toasty Bowling</p>	<p>21 Rev. Dr. Martin Luther King Jr. Day</p> <p>9:30am Good Morning Greetings!</p> <p>10:30am Craft Corner Hearts & Kisses</p> <p>2:30pm D3 Music w/ Chuck Rissmiller</p> 	<p>22</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Memory Madness</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30 Afternoon Movie Matinee w/Popcorn !!</p> <p>2:30 Our American Century Reading Group - L</p>	<p>23</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O</p> 	<p>24</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Sit Down Dancing/ Exercises Bonnie Noll Music Sing A-Long</p> <p>10:30am 1 to 1 room visits</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30pm Ring bowling</p> <p>2:30pm LADIES Tea & Cookies Club-L</p> 	<p>25</p> <p>9:30am Morning Meet and Greet</p> <p>10:15-10:45 Devotions</p> <p>Exercise</p> <p>10:45am Baking Group!</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30pm January Hangman Challenge</p> 	<p>27</p>  <p>9:30am Welcome, Friends!!</p> <p>10:30am Church Worship</p> <p>Current Events <i>(*) Church Service (DH)</i></p> <p>2:30pm Active Games ABC -- 123 PRIZE BINGO</p> 	<p>28</p> <p>9:30am Good Morning Greetings!</p> <p>10:00am Craft Corer Valentine Window Crafts</p> <p>1:30 1:1 visits</p> <p>2:00pm Active Game "Red Heart" Toss Across</p>	<p>29</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Fact of Fiction?</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30 Arts & Crafts "February Fling"</p> <p>2:30 Music and Memories - SP</p> 	<p>30</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O</p> 	<p>31</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Sit Down Dancing/ Exercises Bonnie Noll Music Sing A-Long</p> <p>10:30am Sensory Stimulation – L</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30pm Chuck-a-duck</p> <p>2:30pm Beauty Shoppe / Nails Lounge W Debi</p>	<p>January Weekend Movies:</p>  <p>1/5-6 : W. 1/12-13 : Must Love Dogs 1/19/20 : The Music Man 1/26-27 : The Terminal</p> <p>* All Afternoon movies start at 2:00pm on Channel 2 (Touchtown Channel)</p>
--	---	---	---	--	--	---	---	--	---	---	---

*** All activities are subject to change.**

Family Members and Visitors are invited to participate in Group Activities with our Residents.
Families are asked to check with Nursing and Activities before escorting residents off of the Unit for programs.
Unit programs will be held in the D3 Dining Room unless otherwise specified.

KEY:

(L)- D3 Lounge
(FL) – Fire Side Lounge (A-wing, near the Rotunda)
(**Italics-off Unit program with supervision and by invitation only*)
(DH)-Deibert Hall
(AUD)-Henry Auditorium
(R) - Rotunda
(RDR) – Rotunda Dining Room
(OU) – Out Side with supervision and by invitation only
(FP) - Front Porch
(SP) – Sun Porch
(D2DR) Second Floor Dining Room
(TGR)- Trexler Game Room
(TSH) – Trexler Social Hall
(CIT)- Countryside Inn and Tavern (In Tower Court)

WE@Topton



The Wellness Edge at Topton

