
































H.H.C.C. Memory Support Structured Activities (D3)

♥ February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ingredient of the Month:</p> <p>Chocolate!</p> 	<p><u>*Trinity Lutheran Church Worship video will be played from 10:15am-11:15am every Sunday in the D3 dining room</u></p> 		 <p>Aroma therapy takes place every day on the D3 Sun Porch starting at 10:00am & 2:00pm</p>			<p>* D3 Dining room cleaning schedule</p> <p>Morning 9:30am-10:00am</p> <p>Afternoon 1:30pm-2:00pm</p> <p><i>*There will be no activity in the Dining room while Housekeeping staff is cleaning.</i></p>
<p>Did you know?</p> <p><u>Shakespeare's play "Much Ado About Nothing" is the only play he wrote that mentions the month of February!</u></p> 					<p>1</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Baking Group!</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30 Drum Circle (* Roman Catholic Mass - DH)</p>	<p>2</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Trivia</p> <p>2:30pm D3 Super Bowl!</p> 

<p>3</p>  <p>10:15 AM Happy Sunday, Friends!</p> <p>10:30 AM Church Worship Current Events <i>Church Service (DH)</i></p> <p>2:30 PM Active Games Dart Football Toss</p>  <p>6:30pm The Superbowl! (CBS)</p> 	<p>4</p> <p>10:15 AM Good Morning Greetings!</p> <p>10:30 AM In the News Monday Morning Trivia "Seniors In Motion" Exercise</p>  <p>1:30 1:1 visits</p> <p>2:30 PM Crafters Corner Bird Hangers Dream Catchers</p> 	<p>5</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am This Month in History pt. 1</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30 PM Active Game Hoop Bowling</p> <p>2:30 Our American Century Reading Group - L</p>	<p>6</p>  <p>10:15 AM Morning Meet and Greet</p> <p>10:30 AM Church Service with Pastor Colleen</p> <p>1:30pm 1:1 Visits</p> <p>2:30 PM B-I-N-G-O!</p> 	<p>7</p> <p>10:15 AM Good Morning Greetings!</p> <p>10:30 AM In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p>  <p>10:30am 1 to 1 room visits</p> <p>2:30pm D3 Hockey Game</p> <p>2:30 PM Sensory Touch & Music --SP</p>	<p>8</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45-11:30am Baking Group</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm February Jeopardy</p> 	<p>9</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>February Word Challenges!</p> <p>2:30pm Volleyball</p>
<p>10</p>  <p>10:15 AM Happy Sunday, Friends!</p> <p>10:30 AM Church Worship Current Events <i>Church Service (DH)</i></p> <p>2:30 PM Baking Group Valentine's Day Strawberry Cupcakes With Whipped Pudding Frosting</p> 	<p>11</p> <p>10:15 AM Good Morning Greetings!</p> <p>10:30 AM In the News Monday Morning Trivia "Seniors In Motion" Exercise</p>  <p>2:30 PM Ladies Group Tea & Cupcake Reminisce</p> 	<p>12</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am This Month In History pt. 2</p> <p>1:30pm 1:1 Visits</p> <p>2:30 PM B-I-N-G-O</p> 	<p>13</p>  <p>8:30 (* <i>Early Risers Men's Breakfast (Group 1) - FP</i></p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm D3 Music w/ Sandy Heisey!</p> <p>(* <i>Lois Dottoli – Frank Sinatra Impersonator - AUD</i></p>	<p>14</p> <p>St. Valentine's Day</p> <p>10:15 AM Good Morning Greetings!</p> <p>10:30 AM In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p> <p>(* <i>Shaynah Kinner Concert - AUD</i></p> <p>10:30 Sensory Stimulation – L</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm Piano Music w/ Dave the Piano Man!</p> 	<p>15</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Baking Group</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30pm February team hangman challenge</p> 	<p>16</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Christmas Trivia</p> <p>2:30pm Curling team Challenge!</p> 

<p>17</p>  <p>10:15 AM Happy Sunday, Friends!</p> <p>10:30 AM Church Worship</p> <p>Current Events</p> <p><i>Church Service (DH)</i></p> <p>2:00 PM Movie Matinee W/Popcorn Treats</p> 	<p>18</p> <p>10:15 AM Good Morning Greetings!</p> <p>10:30 AM In the News Monday Morning Trivia "Seniors In Motion" Exercise</p>  <p>2:30 PM Crafters Corner Autograph Memory Books</p> <p>(* <i>Music w/ Sandy Heisey - DH</i>)</p>	<p>19</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Memory Madness</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30 Active Game Keep It Up Balloon Badminton</p> <p>2:30 Our American Century Reading Group - L</p>	<p>20</p>  <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O</p> 	<p>21</p> <p>10:15 AM Good Morning Greetings!</p> <p>10:30 AM In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p>  <p>10:30am 1 to 1 room visits</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30pm Chuck-a-Heart</p> <p>2:30 PM Sensory Touch & Trinkets --Music --SP</p>	<p>22</p> <p>9:30am Morning Meet and Greet</p> <p>10:15-10:45 Devotions</p> <p>Exercise</p> <p>10:45am Baking Group!</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30pm Drum Circle</p>	<p>23</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Malarkey</p> <p>2:30pm Volley Ball</p>
<p>24</p>  <p>10:15 AM Happy Sunday, Friends!</p> <p>10:30 AM Church Worship</p> <p>Current Events</p> <p><i>Church Service (DH)</i></p> <p>2:30pm Active Games ABC -- 123 PRIZE BINGO</p> 	<p>25</p> <p>10:15 AM Good Morning Greetings!</p>  <p>10:30 AM In the News Monday Morning Trivia "Seniors In Motion" Exercise</p> <p>1:30 1:1 visits</p> <p>2:30pm D3 Music w/ Lee Moyer</p>	<p>26</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am Where in the world is it?</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30 Active Game Mini Golf</p> <p>2:30 Sensory Music and Memories - L</p> <p>7:00 (* <i>Mennonite Singers - DH</i>)</p>	<p>27</p>  <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O</p> 	<p>28</p> <p>10:15 AM Good Morning Greetings!</p> <p>10:30 AM In the News Thursday Morning Trivia "Seniors In Motion" Exercise</p>  <p>10:30am Sensory Stimulation – L</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30pm The Heart-put</p> <p>2:30pm Beauty Shoppe Facials & Nails Lounge W Debi</p>	<p>February Weekend Movies:</p>  <p>Feb.2/3- Love Happens Feb. 9/10- Love Comes Softly Feb. 16/17- Ever After Feb. 23/24- The Other End of the Line</p> <p>* All Afternoon movies start at 2:00pm on Channel 2 (Touchtown Channel)</p> 	

*** All activities are subject to change.**

Family Members and Visitors are invited to participate in Group Activities with our Residents.
Families are asked to check with Nursing and Activities before escorting residents off of the Unit for programs.
Unit programs will be held in the D3 Dining Room unless otherwise specified.

KEY:

(L)- D3 Lounge
(FL) – Fire Side Lounge (A-wing, near the Rotunda)
(**Italics-off Unit program with supervision and by invitation only*)
(DH)-Deibert Hall
(AUD)-Henry Auditorium
(R) - Rotunda
(RDR) – Rotunda Dining Room
(OU) – Out Side with supervision and by invitation only
(FP) - Front Porch
(SP) – Sun Porch
(D2DR) Second Floor Dining Room
(TGR)- Trexler Game Room
(TSH) – Trexler Social Hall
(CIT)- Countryside Inn and Tavern (In Tower Court)

WE@Topton



The Wellness Edge at Topton

