Lois Raines enjoys reading on her balcony and enjoying the view. An extension of her living area, it is just one of the many features she appreciates in her Nantucket studio apartment. “The bathroom is what I would have liked to do at my house with the walk-in shower,” she says. “I also like the kitchen with its white cabinets and Corian® countertops. It is very up-to-date.”

Raines has lived at Luther Crest for more than a year and found the Nantucket’s 533 square feet to be exactly what she needs in terms of retirement living. “I had to get rid of a lot of stuff, but I brought everything that was real ‘homey’ to me,” she says. “I have my grandmother clock, curio cabinet, my bedroom set, TV, drop leaf table, coffee table, end tables, desk and two-seater sofa. It looks like my house.”

Marjorie Dennis moved from her family home into a Nantucket. She, too, brought many items from home, but still found the floor plan more than adequate for her belongings. “I haven’t needed the extra storage space we have,” she admits. “I have [my extra belongings] all stored under the bed.”

Residents make most of retirement living

In this issue...
- Executive Director Message: Fall is upon us
- Women’s Retreat participants draw closer to God
- Upcoming Events

See event details inside!

To make a reservation for these events, or for more information, please call (888) 978-4326.
Women's Retreat participants draw closer to God

In an effort to remind participants of the importance of taking time from their busy lives to reconnect with their spiritual lives, Luther Crest offered its first Women's Retreat in August. Coordinated by the Rev. Virginia Heimer, Luther Crest's chaplain, the three-day event brought together 16 participants at the St. Francis House in Easton, Pennsylvania, where Lotus, Luther Crest's chaplain, the three-day event brought together 16 participants at the St. Francis House in Easton, Pennsylvania, where

The three-day retreat also featured group activities, morning devotions, prayer services and private time to reflect on their lives, how far they've come, and where they are going and how to fight it. “Just being with this group of amazing women—some of whom I hadn't really known before—was very meaningful as we shared life experiences and some interpretation of religious thoughts and questions. It certainly deepened my thinking,” says Landes. “Now that we have returned to everyday living, the challenge, of course, is to try and keep alive that which we experienced on the retreat through reading, prayer, meditation and just quiet time.”

While not the first retreat for Carol Landes, it was one of the more meaningful ones she has attended, she says. “It was an amazing retreat. I can't imagine the dangers of fraud in regard to seniors, what to look out for and how to fight it. ”

— Cindy Bonney , Senior Executive Director

Fraud Awareness Seminar
TUESDAY, NOV. 7 | 2 P.M.
Held in Crest Hall, this seminar will look at the dangers of fraud in regard to seniors, what to look out for and how to fight it.

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