




















February 2019- HEALTH CARE CENTER CALENDAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
<p><u>Location Key</u></p> <p>NE= Northeast Lounge Health Center</p> <p>WL= West Lounge Health Center</p> <p>SDR= South Dining Room Health Center</p> <p>PC= Personal Care</p> <p>MPR= Multi-Purpose Room</p> <p>CY= Courtyard Health Center</p> <p>CH= Crest Hall</p> <p>GR= Game Room</p> <p>BG= Brain Gym</p>	<p>February Birthstone: Amethyst</p>  <p>February Flower: Violet</p> <p>Bird of the Month: Snowbird</p>	<p>*All programs and locations are subject to change. Your activities staff will notify you of any changes</p>	<p>Special Days: February 14th: Valentine's Day</p>  <p>Groundhog Day: February 2nd:</p>  <p>Chinese New Year: February 5th</p> 	<p>February 18th: President's Day</p> 	<p>10:30 am NE Exercise</p> <p>11:00 am NE Random Trivia</p> <p>2:00 pm SDR Art History W/ Orlanda</p> <p>3:00 pm WL Crest Club-Adult Coloring</p>	<p>Groundhog Day</p> <p>10:45 am NE Exercise</p> <p>11:15 am NE Brain Fitness Games</p>  <p>2:00 pm WL Bingo</p>  <p>3:15 pm WL Crest Club Sing-along</p> <p>7:00 pm Channel 12 Lawrence Welk Show</p>










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Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
<p>10:45 am NE Coffee & Conversation</p>  <p>11:15 am NE What Am I?</p> <p>2:00 pm WL Movie- "Lion"</p> <p>3:00 pm CH & Channel 22 Worship Service</p> 	<p>10:00 am PC Exercise Video 10:30 am Communion Visits</p> <p>10:45am SDR Social Time</p> <p>11:00 am SDR Hymn Sing with Ginny</p> <p>2:00 pm PC Pet visits W/ Joan & Steve</p> <p>2:15 pm WL Food Committee</p> <p>3:00 pm NE Manicures</p> <p>6:30 pm WL February Bingo Jingo</p>	<p>10:00 am SDR Nativity Lutheran Visit</p> <p>11:15 am NE 15 Minute Trivia</p> <p>1:30 pm Traveling Gift Shop Cart</p> <p>2:00 pm A&C Catholic Mass</p> <p>2:30 pm SDR <i>Entertainment By Glenn Miller</i></p>  <p>4:30 pm Activity Cart</p> <p>6:30 pm WL Bingo</p>	<p>10:45 am NE Coffee & Conversation</p> <p>11:00 am NE Objects From The Past</p> <p>2:00 pm PC Communion Services</p> <p>3:00 pm CK Fellowship Time</p>	<p>10:00 am PC Current Events</p> <p>10:30am NE Exercise</p> <p>11:00 am NE Hymn Sing Ch.22</p> <p>2:30 pm SDR Entertainment W/ Danny</p> <p>4:30 pm 1:1 Visits</p> <p>6:45pm NE Dave On Piano</p>	<p>10:45 am NE Balloon Volleyball & Music</p> <p>11:00 am NE At The Races</p> <p>2:00 pm SDR Chair Zumba W/ Danny</p>  <p>3:00 pm WL Crest Club Reminisce</p>	<p>10:45 am NE Exercise</p> <p>11:15 NE Brain Fitness Games</p>  <p>2:00 pm WL Bingo</p>  <p>3:15 pm WL Crest Club- Sing-along</p> <p>7:00 pm Channel 12 Lawrence Welk Show</p>




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Sunday`	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
<p>10:45 am NE Coffee & Conversation</p> <p>11:15 am NE Who Am I?</p> <p>2:00 pm WL Movie- "Moonstruck"</p> <p>3:00 pm CH & Channel 22 Worship Service</p> 	<p>10:00 am PC Chair Yoga W/ Doreen</p> <p>10:30 am Communion Visits</p> <p>10:45 am SDR Balloon Swat</p> <p>11:00 am Hymn Sing W/ Ginny</p> <p>2:00 pm SDR Jeopardy Style Trivia</p> <p>3:00 pm SDR Music Therapy W/ Amy</p> <p>6:30 pm WL Rome & The Vatican</p>	<p>10:45 am NE Exercise</p> <p>11:00 am A&C Rosary</p> <p>11:15 am NE Family Feud IN2L</p> <p>12:00 pm MDR <i>Birthday Dinner</i> (By Invite Only)</p> <p>1:30 pm Traveling Gift Shop Cart</p> <p>2:00 pm SDR Spa Day W/ Alyssa</p> <p>4:30 pm Activity Cart</p> <p>6:30 pm WL Bingo</p> 	<p>10:30 am NE Coffee & Conversation</p> <p>11:00 am NE Chaplain's Time</p>  <p>2:00 pm NE Valentine's Day Craft</p> <p>3:00 pm WL Crest Club Puzzle Time</p>	<p>10:00 am PC Current Events</p> <p>10:45 am NE Exercise</p> <p>11:00 am NE Hymn Sing on Channel 22</p> <p>2:30 pm SDR Valentines Day Party</p>  <p>4:30 pm 1:1 Visits</p> <p>6:30 pm WL Bingo</p>	<p>10:30 am NE Exercise</p> <p>11:00 am NE Star of The Month</p> <p>2:00 pm SDR At the Races</p> <p>3:00 pm SDR Barbara on Piano</p>  <p>6:30 pm WL China & The Chinese New Year</p>	<p>10:45 am NE Exercise</p> <p>11:15 am NE Brain Fitness Games</p>  <p>2:00 pm WL Bingo</p>  <p>3:15 pm WL Crest Club (Sing-along)</p> <p>7:00 pm Channel 12 Lawrence Welk Show</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	18	19	20	21	22	23
<p>10:45 am NE Coffee & Conversation</p> <p>11:15 am NE What Am I ?</p> <p>2:00 pm WL Movie- "Hachi"</p> <p>3:00 pm CH Worship Service & Channel 22</p> 	<p>10:00 am PC Chair Yoga W/ Doreen</p> <p>11:00 am SDR Hymn Sing With Ginny</p>  <p>2:00 pm NE President's Day Discussion</p>  <p>3:00 pm WL Crest Club Busy Boxes</p>	<p>8:00 am SDR Breakfast to Order (By Invite)</p> <p>10:45 am NE How Much Did It Cost?</p> <p>11:00 am A&C Rosary 11:15 am NE Exercise</p> <p>1:30 pm Traveling Gift Shop Cart</p> <p>2:30 pm SDR <i>Monthly Birth- day Party W/ Hal Brister</i></p> <p>4:30 pm Activity Cart</p> <p>6:30 pm WL Bingo</p>	<p>10:45 am NE Coffee & Conversation</p> <p>11:00 am NE What's In The Suitcase?</p>  <p>2:00 pm PC Communion Service</p> <p>3:00 pm CK Fellowship Time</p>	<p>10:00 am PC Current Events</p> <p>10:45 am NE Exercise</p> <p>11:00 am NE Hymn Sing Ch.22</p> <p>2:15 pm WL Resident Council</p> <p>3:00 pm NE Happy Hour</p> <p>4:30 pm 1:1 Visits</p> <p>6:30 pm WL Bingo</p> 	<p>10:45 am NE Exercise</p> <p>11:00 am NE Reminiscing The 30's</p> <p>2:30 pm SDR <i>Entertainment W/ Mike Evans</i></p>  <p>6:30 pm WL History of Girl Scouts & Cookies</p> 	<p>10:45 am NE Exercise</p> <p>11:00 am NE Brain Fitness Games</p>  <p>2:00 pm WL Bingo</p>  <p>3:15 pm WL Crest Club-</p> <p>7:00 pm Channel 12 Lawrence Welk Show</p>

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Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24	25	26	27	28		
<p>10:45 am NE Coffee & Conversation</p>  <p>11:15 am NE Who Am I?</p> <p>2:00 pm WL Movie- "All Quiet On The Western Front"</p> <p>3:00 pm CH & Channel 22 Worship Service</p> 	<p>10:00 am PC Chair Yoga W/ Doreen 10:30 am Communion Visits</p> <p>10:45 am SDR Social Time</p> <p>11:00 am SDR Hymn Sing W/ Ginny</p> <p>2:30 pm SDR Entertainment W/ Jay Sma</p> <p>4:30 pm Traveling Activity Cart</p> <p>6:30 pm WL Hollywood Academy Awards</p> 	<p>10:45 am NE Exercise 11:00 am A&C Rosary 11:15 am NE Finish The Lyrics</p> <p>1:30 pm Traveling Gift Shop Cart</p> <p>2:30 pm SDR Captain Radio</p> <p>4:30 pm Activity Cart</p> <p>6:30 pm WL Bingo</p>	<p>10:30 am NE Coffee & Conversation</p> <p>11:00 am NE Chaplain's Time</p> <p>2:00 pm NE Don't Break The Ice</p> <p>3:00 pm WL Crest Club Music W/ Erik</p> <p>6:30 pm WL Wyoming Grand Teton National Park</p>	<p>10:00 am PC Current Events</p> <p>10:45am NE Exercise</p> <p>11:00 am NE Hymn Sing on Channel 22</p> <p>11:15 Depart Out To Lunch (By Invite)</p> <p>2:00 pm CK Baking Group</p> <p>3:15 pm WL Crest Club Music W/ Erik</p> <p>4:30 pm 1:1 Visits</p> <p>6:30 pm WL Bingo</p>		<p>*All programs and locations are subject to change. Your activities staff will notify you of any changes</p>