





























H.H.C.C. Memory Support Structured Activities (D3)

 **December 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ingredient of the Month:</p> <p>Holiday Spices!</p> 	<p><u>*Trinity Lutheran Church Worship video will be played from 10:00am-11:15am every Sunday in the D3 dining room</u></p> 		 <p>Aroma therapy takes place every day on the D3 Sun Porch starting at 10:00am & 2:00pm</p>			<p>1</p> <p><u>10:00am</u> Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Trivia</p> <p><u>2:30pm</u> Volley Ball</p> 
<p>2</p> <p><u>9:30am</u> Happy Sunday, Friends!</p> <p><u>10:30am</u> Church Worship</p> <p>Current Events</p> <p><i>Joint Service (AUD)</i></p> <p>2:30 D3 Christmas Social W/ Sandy Heisy!</p> 	<p>3</p> <p><u>9:30am</u> Good Morning Greetings!</p> <p><u>10:00am</u> Morning Baking & Recipe Group</p> <p><u>1:30</u> 1:1 visits</p> <p><u>2:00pm</u> Craft Corner & Eat Baked Goods</p>	<p>4</p> <p><u>9:30am</u> Morning Meet and Greet</p> <p><u>10:15am</u> Devotions</p> <p>Exercise</p> <p><u>10:45am</u> December Trivia</p> <p><u>1:30-2:15pm</u> 1:1 Visits</p> <p><u>2:30pm</u> Basketball</p> <p><u>2:30pm</u> Reminisce Reading group - L</p>	<p>5</p> <p><u>9:30am</u> Morning Meet and Greet</p> <p><u>10:30am</u> Church Service with Pastor Colleen</p> <p>One-On-One Visits</p> <p><u>1:30pm</u> 1:1 Visits</p> <p><u>2:30pm</u> B-I-N-G-O!</p> 	<p>6</p> <p><u>9:30am</u> Morning Meet and Greet</p> <p><u>10:00am</u> What's Happening (DG)</p> <p><u>10:30 am</u> AM Exercise & Jumbo Yahtzee!</p> <p><u>1:30pm</u> 1:1 Visits</p> <p><u>2:30pm</u> Frogs in the pond</p> <p><u>2:30pm</u> Small Group Programing - L</p>	<p>7</p> <p><u>9:30am</u> Morning Meet and Greet</p> <p><u>10:15am</u> Devotions</p> <p>Exercise</p> <p><u>10:45am</u> Baking Group!</p> <p><u>1:30</u> 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p><u>2:30</u> Christmas Carol Drum Circle (* Roman Catholic Mass - DH)</p>	<p>8</p> <p><u>10:00am</u> Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Trivia</p> <p><u>2:30pm</u> Volley Ball</p> 

<p>9</p> <p>9:30am Happy Sunday, Friends!</p> <p>10:30am Church Worship Current Events <i>Church Service (DH)</i></p> <p>2:30pm Active Game Hymn Sing</p> 	<p>10</p> <p>9:30am Good Morning Greetings!</p> <p>10:00am Morning Baking & Recipe Group</p> <p>1:30 1:1 visits</p> <p>2:00pm Craft "Christmas Card Collage" & Eat Baked Goods</p> <p>6:15 <i>Daisy troop 11098 Caroling - HHCC</i></p>	<p>11</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am This Month in History pt. 1</p> <p>10:30 Small Group Programing - SP</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30 Christmas Caroling Christmas stories</p>	<p>12</p> <p>8:30 <i>(*) Early Risers Men's Breakfast (Group 1) - FP</i></p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>One-On-One Visits</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O!</p> 	<p>13</p> <p>9:30am Morning Meet and Greet</p> <p>10:30 am Christmas Carols with Dave the Piano Man!!! (alternate "snow" date 12/20 at 2:30pm)</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm Snow Flake Frisbee!</p> <p>2:30 Ladies Afternoon Tea - L</p> 	<p>14</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45-11:30am Baking Group</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm D3 Football Challenge!</p> 	<p>15</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Winter Word Challenges!</p> <p><i>(*) Buccaneer Christmas Brass Band - AUD</i></p> <p>2:30pm Volley Ball</p> 
<p>16</p>  <p>9:30am Happy Sunday, Friends!</p> <p>10:30am Church Worship Current Events <i>Church Service (DH)</i></p> <p>2:30pm D3 Christmas show w/ the Schwoyer Family</p> 	<p>17</p> <p>9:30am Good Morning Greetings!</p> <p>10:00am Morning Baking & Recipe Group</p> <p>2:30pm D3 Music w/ Sandy Heisey</p> <p><i>(*) Music w/ Rob Ballanoff - DH</i></p>	<p>18</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p>10:45am This Month In History pt. 2</p> <p>10:30 Small Group Programing - SP</p> <p>1:30pm 1:1 Visits</p> <p>2:30 Bowling for Santa!</p> <p>2:30 D3 Men's Club - L</p>	<p>19</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p><i>(*) Shaynah Kinner - AUD</i></p> <p>One-On-One Visits</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O!</p> 	<p>20</p> <p>9:30am Morning Meet and Greet</p> <p>10:00am What's Happening (DG)</p> <p>10:30 am AM Exercise & Christmas Jingo!</p> <p>10:30 Sensory Stimulation – L</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm Christmas Carols Christmas stories</p>	<p>21</p> <p>9:30am Morning Meet and Greet</p> <p>10:15am Devotions</p> <p>Exercise</p> <p><i>(*) Brandywine School Caroling - AUD</i></p> <p>10:45am Baking Group</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30pm Christmas Carol Drum Circle</p> 	<p>22</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Christmas Trivia</p> <p>2:30pm D3 Hockey Challenge</p> 

<p>23</p>  <p>9:30am Welcome, Friends!!</p> <p>10:30am Church Worship</p> <p>Current Events <i>Church Service (DH)</i></p> <p>2:30pm Active Game Hymn Sing</p>	<p>24</p> <p>9:30am Good Morning Greetings!</p> <p>10:30am D3 Christmas Eve Worship Service</p> <p>(* Santa Clause Visits the LH@T!</p>  <p>2:30pm Christmas Movie Night w/ Debi!</p> 	<p>25</p> <p><u>Christmas Day!</u></p> <p>10:00am Christmas Morning Movie</p> <p>2:30pm Christmas Afternoon Movie</p> 	<p>26</p> <p>9:30am Morning Meet and Greet</p> <p>10:30am Church Service with Pastor Colleen</p> <p>1:30pm 1:1 Visits</p> <p>2:30pm B-I-N-G-O</p>  <p>(* Healing Service - AUD</p>	<p>27</p> <p>9:30am Morning Meet and Greet</p> <p>10:00am What's Happening (DG)</p> <p>10:30 am AM Exercise & Kites & Candies!</p> <p>10:30am Sensory Stimulation – L</p> <p>1:30-2:15pm 1:1 Visits</p> <p>2:30pm The Snowball Toss</p> <p>2:30 Small Group Programing - L</p> 	<p>28</p> <p>9:30am Morning Meet and Greet</p> <p>10:15-10:45 Devotions</p> <p>Exercise</p> <p>10:45am Baking Group!</p> <p>1:30 1:1 Visits</p> <p>Enjoy Baked Goods!</p> <p>2:30pm December Hangman Challenge</p>	<p>29</p> <p>10:00am Meet & Greet</p> <p>Devotions</p> <p>Exercise</p> <p>Malarkey</p> <p>2:30pm D3 Curling Team Challenge</p> 
<p>30</p>  <p>9:30am Welcome, Friends!!</p> <p>10:30am Church Worship</p> <p>Current Events (* Church Service (DH)</p> <p>2:30pm Active Games Hymn Sing</p>	<p>31</p> <p>New Years Eve!</p> <p>9:30am Good Morning Greetings!</p> <p>10:00am Morning Baking & Recipe Group</p> <p>1:30 1:1 visits</p> <p>2:00pm New Year's Crafters & Eat Baked Goods</p> 			<p>*</p> <p>D3 Dining room cleaning schedule</p> <p>Morning 9:30am-10:00am</p> <p>Afternoon 1:30pm-2:00pm</p> <p><i>*There will be no activity in the Dining room while Housekeeping staff is cleaning.</i></p>	<p>December Weekend Movies:</p>  <p>12/1 & 2 November Christmas 12/8 & 9 Finding John Christmas 12/15 & 16 A Town without Christmas 12/22 & 23 When Angels Come to Town 12/29 & 30- The Ghost of Christmas Eve, Trans Siberian Orchestra</p> <p>25 (Christmas Day) 10:00am & 2:00pm Yes Virginia, There is a Santa Claus</p> <p>* All Afternoon movies start at 2:00pm on Channel 2 (Touchtown Channel)</p>	

*** All activities are subject to change.**

Family Members and Visitors are invited to participate in Group Activities with our Residents.
Families are asked to check with Nursing and Activities before escorting residents off of the Unit for programs.
Unit programs will be held in the D3 Dining Room unless otherwise specified.

KEY:

(L)- D3 Lounge
(FL) – Fire Side Lounge (A-wing, near the Rotunda)
(**Italics-off Unit program with supervision and by invitation only*)
(DH)-Deibert Hall
(AUD)-Henry Auditorium
(R) - Rotunda
(RDR) – Rotunda Dining Room
(OU) – Out Side with supervision and by invitation only
(FP) - Front Porch
(SP) – Sun Porch
(D2DR) Second Floor Dining Room
(TGR)- Trexler Game Room
(TSH) – Trexler Social Hall
(CIT)- Countryside Inn and Tavern (In Tower Court)

WE@Topton



The Wellness Edge at Topton

